

# TERMINAL CITY TIMES

APRIL 2026 • VOL. 34 NO. 4



SPECIAL EVENTS • ENTERTAINMENT & DINING • CLUB NEWS • FEATURES & MORE

# Upcoming Events

- APR 1 SALON**  
Post-Maduro Venezuela
- APR 5 EASTER BRUNCH**  
A family favourite
- APR 13 RESET HOUR**  
Spring Energy:  
Revitalizing the Chakras
- APR 13 - APR 17 TED CONFERENCES**  
Streaming in the Club
- APR 15 MEMBERS' WINE TASTING**  
Organic wines for Earth Day
- APR 16 MEMBERS' NETWORKING LUNCH**  
Connect with fellow members
- SALON**  
The Brain-Pain Connection
- APR 17 VIVA LAS VEGAS**  
An Elvis Inspired Soirée
- APR 21 SALON**  
Psychological & Emotional Wellbeing
- APR 22 MINI MASTERCLASS SPEED TASTING**  
Bordeaux Part I – The Left Bank
- APR 24 MEMBER'S MINGLE**  
Connect, unwind, and socialize
- APR 27 SALON**  
The Intersection Of Happiness,  
Technology And Aging
- APR 28 BUSINESS & COMMUNITY**  
Course Correction: How Does  
Vancouver Turn The Ship Around?
- MAY 10 MOTHER'S DAY BRUNCH**  
A special affair
- MAY 13 MINI MASTERCLASS SPEED TASTING**  
Bordeaux Part II – The Right Bank
- MAY 29 WINEMAKER DINNER**  
Blue Mountain Winery

## REGISTER FOR EVENTS

online via Member Central  
email concierge@tcclub.com  
call 604 681 4121  
text 604 200 2279

# Contact

837 WEST HASTINGS ST.  
VANCOUVER, BC V6C 1B6, CANADA

call 604 681 4121  
text 604 200 2279  
web TCCLUB.COM

 terminalcityclub  
 @tcclub  
 Terminal City Club

Member Services	604 681 4121	Weddings	604 488 8625
Membership Sales	604 488 8647	Lions Pub	604 488 8602
Billing	604 488 8607	Fitness Centre	604 488 8622
Catering	604 488 8605		

# Hours

## MEMBER SERVICES (FRONT DESK)

Monday – Friday 7 a.m. – 9 p.m.  
Saturday & Sunday 8 a.m. – 7 p.m.

## FITNESS CENTRE

Monday – Friday 6 a.m. – 10 p.m.  
Saturday & Sunday 7 a.m. – 8 p.m.

## THE GRILL

Monday – Friday  
Breakfast 7 a.m. – 10:30 a.m.  
All Day Menu 11 a.m. – 9 p.m.

Saturday & Sunday  
Coffee 8 a.m. – 9 p.m.  
Brunch 9 a.m. – 2:30 p.m.  
All Day Menu 3 p.m. – 9 p.m.

## MEMBERS' LOUNGE

Monday – Friday 8 a.m. – 11 p.m.  
Coffee Service 8 a.m. – 9 a.m.

Saturday & Sunday 8 a.m. – 11 p.m.  
Coffee Service 8 a.m. – 11:30 a.m.  
Brunch 9 a.m. – 2:30 p.m.

## CUVÉE (PHONE-FRIENDLY WORKSPACE)

Monday – Friday 8 a.m. – 8 p.m.  
All Day Menu 11:30 a.m. – 6 p.m.  
Weekend service available upon request from Grill

## LIONS PUB

For reservations, contact [pubbookings@tcclub.com](mailto:pubbookings@tcclub.com)

Sunday – Wednesday 11 a.m. – 11 p.m.  
Kitchen 11 a.m. – 8:30 p.m.

Thursday – Saturday 11 a.m. – 12 midnight.  
Kitchen 11 a.m. – 9:30 p.m.

Call Me Back  
Tuesday – Saturday 5 p.m. – late.

## MINK CHOCOLATE CAFÉ

Monday – Friday 7:30 a.m. – 6 p.m.  
Saturday & Sunday 9 a.m. – 6 p.m.

# President's Letter

## APRIL 2026



### DEAR FELLOW MEMBERS,

Spring has arrived, and with it a renewed sense of energy and possibility throughout the Club. April is always a special month as we transition into longer days, brighter weather, and a refreshed calendar of programs and experiences designed to bring our community together.

This month, I am pleased to share several meaningful updates that reflect our ongoing commitment to supporting your wellness, social connection, and discovery here at the Club.

We are proud to unveil our **brand-new studio space**, a project that reflects the continued alignment between members, Board long-term planning, and the thoughtful execution of our management team. This new space introduces **Reformer Pilates** to our fitness programs. To ensure safe and confident use of the equipment, members will be required to complete orientation sessions and sign a waiver before accessing the Reformer area and adjoining studio space. Our team looks forward to introducing you to these new offerings and elevating your fitness routine.

With the launch of our new studio comes a **refreshed group fitness schedule**, featuring more class options, new formats, and

expanded times to fit your day. You'll find the full schedule on page 12 of this month's newsletter.

Programming across the Club continues to reflect a balance of learning, social engagement, and shared experience.

For those who love big ideas and inspiring conversations, we're pleased to share that **TED's speaker sessions will be streamed live** from April 13–17. Drop in to watch, learn, and connect with fellow members as we showcase some of the most compelling talks happening right here in the city. This is the final year TED will be in Vancouver.

Our culinary team has been hard at work crafting **new seasonal menus** across the Club, alongside a **refreshed wines-by-the-glass** list highlighting bright, thoughtful selections perfect for spring. We invite you to explore and enjoy what's new later this month.

We're also raising a glass to celebrate **Call Me Back's first birthday!** To mark the occasion, we're featuring two throwback favourite cocktails—a nod to the memorable flavours that helped shape the experience in its early days. Join us and toast to a great year ahead. If you're looking to host a private

event in Call Me Back for 22 special guests or Lions Pub for a party of 150 or more, scan the QR code to inquire about availability.

As always, our community grows strongest through the connections between members. If you know someone who would enjoy being part of the Club, please connect them with [joinus@tcclub.com](mailto:joinus@tcclub.com). We would be delighted to welcome new faces to our community.

I look forward to welcoming you around the property this month—whether in a fitness class, at a dining table, or settling in for an enlightening TED talk.

Warm regards,

Pierre Pelletier  
President, Terminal City Club



**Private Event Booking:**  
[Call Me Back &](#)  
[Lions Pub](#)

# Stay informed

## CLUB NEWS

### in memoriam

It is with deep regret that we announce the passing of **Mr. Sukhwinder "Bobby" Singh Rai** and **Captain Randy Scott**; both were members for almost 22 years.

Born in Burnaby, **Captain Randy Scott** led a life of passions. He began ski instructing at age 16 and spent many years racing at Whistler. He loved flying airplanes, skydiving, racing cars, riding motorcycles, scuba diving, water skiing, kiteboarding, swimming, and golf. He fell in love with aviation early in life, completed his commercial license at age 18, and became a commercial captain for Cathay Pacific. A devoted husband, he and his wife, Sherleen, had many adventures together, travelling extensively. After he retired, Captain Scott would spend time in Australia, Canada, New Zealand, South Africa, Thailand and the United States. Randy's contagious energy made him friends all over the world.

Randy always told vivid stories of his adventures. The disease that took his life also robbed him of his ability to tell those stories, but his friends and family who loved him will go on telling them. He was a remarkable man who led a remarkable life. Fly high, Captain Scott.



### holiday and modified hours

The Club will be closed on **Friday, April 3** for Good Friday.

Mink Chocolate Café will be open **April 3 – 6** from **9 a.m. – 7 p.m.**

The Lions Pub & Call Me Back will be open Friday, April 3 and closed on **Sunday, April 5 & Monday, April 6** for Easter.



### welcome to our newest members!

We are excited to extend a very warm welcome to our Club and community to the following new members:

- |                   |                |
|-------------------|----------------|
| Dr. Glenn Faris   | Mr. Lutz Lampe |
| Mr. Daniel Howell | Mr. Todd Stone |
| Ms. Anna Kar      | Ms. Mary Thio  |
| Ms. Britt Lampe   |                |

### employee milestones

Congratulations to **Julian Wang** for reaching **10 years** of service and **Executive Chef Dan Creyke** on his **15-year** milestone at the Club!

**Executive Chef Dan Creyke** has lived and worked in Thailand and Italy; he cut his teeth at C Restaurant at the height of its stardom with Robert Clark at the helm and quickly became the butcher for the restaurant group including at Raincity Grill and Nu. Since his appointment to Executive Chef at the Club nine years ago, Chef Dan has elevated Club fare at TCC, setting a new standard for culinary excellence in our restaurants, banquets, and pub.



**Julian Wang** on our culinary team coordinates prep in our restaurants, always taking initiative to align responsibilities and support the entire team for a smooth and efficient workflow. Team members appreciate his leadership, dedication, and reliability. Thank you, Julian!



# Dining AT THE CLUB

## things to put a spring in your step at lions pub...



We are embracing spring with lots of fresh delights at the pub this month. With our new cocktail and drinks menu launching in early April, you can expect hints of lavender, blood orange and pink peppercorn – and those gin-lovers among us have some treats coming their way!



## CALL ME BACK is turning one!



Celebrate the speakeasy's first birthday with the team from **April 14 – 18!** Enjoy the return of some Call Me Back favourites, Full Contact and Golden Hour, brought back just for the week. Find your way through the red phone booth at Lions Pub. Open 5 p.m. till late.

## seasonal menu updates

There will be a seasonal update of the menus around the Club this April, including our Club Fare, and the By-The-Glass wine list. Keep your eyes peeled for new and delicious choices for your dining experience in the Club, and a new carefully curated list of wines available by the glass.

## enjoy a coffee at



**Easter Chocolates Now Available!**  
Celebrate Easter with Mink's decadent chocolate eggs – a beautifully crafted seasonal treat available for a limited time.

Pick up a beautiful sets of hand-painted large **eggs nests** and **mini eggs** with fun flavours such as Fluff-filled, Mermaid Caramel, Cashew Dujja filled and a classic and timeless **chocolate bunny**.

**NEW! Thomas Haas Chocolates.**  
We are excited to announce that Thomas Haas chocolates will soon be available for purchase at Mink! Products range from a 37% cacao 'Butterscotch' chocolate to 83% cacao 'Bold' chocolates, the darkest chocolate yet to be on offer in the space.

**Discount for members**  
All members can enjoy a 10% discount at Mink Chocolate Café.



## patio forecast

The words we long to hear after the cold winter days... weather permitting, we will open our patios in mid-April!

## and the winner is...

Thank you to all members who fill out our Grill and Members' Lounge comment cards. Congratulations to this month's lucky winner of a lunch for two from our random draw, **Rolf Neufeld**.

# Club EVENTS



## Easter Brunch

SUNDAY, APRIL 5

11 a.m. & 12 noon seatings  
*adults: \$120 plus tax & service*  
*kids (4–12): \$55 plus tax & service*

Save your seat for an unforgettable Easter Brunch this April. Featuring an extensive buffet of traditional brunch favourites alongside some fresh new selections.

Make memories with your family, enjoy a brunch with a visit from the Easter Bunny, treats, magic tricks, a kids' room, and a scavenger hunt! Don't miss this unforgettable family event.



## Viva Las Vegas: An Elvis-Inspired Soirée

FRIDAY, APRIL 17

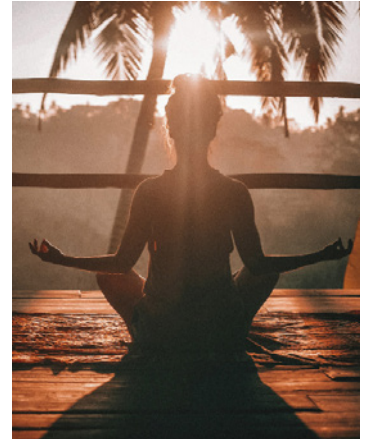
Doors open 7 p.m.  
*\$62 plus tax & service*

### Get All Shook Up!

Step into an unforgettable evening of music, style, and late-night allure as the Metropolitan Ballroom transforms into an intimate Vegas-style lounge for one dazzling night only. Indulge in a sophisticated celebration inspired by the spirit of the King and the golden age of Las Vegas glamour. Expect live entertainment, irresistible rhythms, and an atmosphere that evolves from elegant cocktail soir ee to vibrant dance floor as the night unfolds.

Guests are encouraged to embrace the mood with glamorous evening attire and a touch of Elvis or Priscilla inspired flair, though classic black-tie elegance is equally at home.

Join us for a night that promises to be bold, glamorous, and memorable.



## The Reset Hour

MONDAY, APRIL 13

5:30 – 6:30 p.m.  
*\$22 plus gst*

### Spring Energy: Revitalizing the Chakras

In this season-inspired session, we begin with gentle vocal toning to awaken the body's energy centers. A guided meditation will follow, leading into a restorative gong bath where sound vibrations help revitalize and harmonize the chakras.

Please bring anything that will help you feel comfortable while seated or lying down for the hour-long session. Members are also encouraged to invite guests to the sessions.

## LIVE MUSIC in the Lounge

Every Thursday, Friday & Saturday  
 6 – 9 p.m.

### APRIL

2 Dave Martone  
 4 Stephen Lecky  
 5 Doug Volz  
 9 Nikolaj

10 Goby Catt  
 11 David Capper  
 15 Ben Parker  
 16 Cassandra Maze  
 17 Goby Catt

18 Nikolaj  
 23 Olaf De Shield  
 24 Connor Roff  
 25 Nelson Boschmann  
 30 Cassandra Maze

# Club EVENTS



## Members' Wine Tasting

WEDNESDAY, APRIL 15

5 – 6:30 p.m.

*\$10 plus tax & service charge*

**This month's theme: Organic wines for Earth Day**

Our Members' Wine Tasting, usually on the third Wednesday of the month, is a member favourite.

Sip, socialize, and discover a curated selection of thoughtfully farmed wines. Find something you like? Fill out an order sheet to stock your wine locker at the Club or in your home cellar. Enjoy live music, explore new flavors, connect with fellow members, and unwind in great company. Whether you bring a friend or come solo, it's the perfect opportunity to mix, mingle, and indulge in a delightful evening.

## Members' Networking Lunch

THURSDAY, APRIL 16

12 noon – 1:30 p.m.

*complimentary event with the purchase of lunch à la carte from the Grill*

Connect with your fellow members over lunch. Whether you're an entrepreneur, executive, or business professional, this is a great opportunity to expand your network, exchange ideas, and build valuable relationships in a relaxed and convivial setting.

Meet and learn from other members representing diverse industries or make a new friend!

## Mini Masterclass Speed Tasting Bordeaux Part I – The Left Bank

WEDNESDAY, APRIL 22

5:30 p.m. Welcome wine | 6 – 7 p.m. Session

*\$125 plus tax & service charge*

Most wine lovers know that Bordeaux is a game of two very different halves. The Left Bank is where the wines are based on cabernet sauvignon, while merlot dominates on the Right Bank. But why? Come for a lively session to learn history, geology, wine styles and a surface exploration of the famed communes like Margaux, St. Éstephe and Graves. Fine Bordeaux is best with a little age, and we have some wonderful vintages in store for you. Two bites to pair, a sophisticated Bordeaux Blanc to start, and a lusciously sweet Sauternes to conclude.

### Wines to be poured

*Welcome Wine:*

Château Suduiraut Le Blanc Sec de Suduiraut 2019  
\$95

Château Lagrange Le Haut-Médoc de Lagrange 2016  
\$111

Château Prieuré-Lichine Grand Cru Classé Margaux 2015  
\$180

Château Calon Ségur Le Marquis de Ségur Saint-Ésteph 2015  
*en magnum* \$252

Château Olivier Grand Cru Classé de Graves 2010 Pessac-Léognan  
\$185

Château Rieussec Carmes De Rieussec Sauternes 2017  
\$58 (½ bottle)

**See Member Central for the Right Bank session details.**

## event registration

SAVE YOUR SPOT!

**online**  
**email**  
**call**  
**text**

via Member Central  
concierge@tcclub.com  
604 681 4121  
604 200 2279

# Member-led EVENTS

## SALONS

Member organizer: Victor Chan

### Post-Maduro Venezuela

WEDNESDAY, APRIL 1 | 6 – 9 p.m.

**Randy Rosales**, a member, will lead a dinner salon on Venezuela's post-Maduro era. Delcy Rodríguez serves as interim president after Maduro's U.S.-backed capture in January 2026. The crisis created a resilient diaspora of millions. As Freelance Latin America founder, Randy Rosales, shaped by turmoil, will discuss their reinvention and potential to drive national renewal if stability returns.

### The Brain-Pain Connection

THURSDAY, APRIL 16 | 6 – 9 p.m.

Drawing from her TEDx talks and neuroscience expertise, **Dr. Brenda Lau**, a renowned pain specialist and founder of CHANGEpain Clinic unravels the "Triad of Pain"—how physical sensations entwine with emotions and identity, amplified by stress-induced cortisol. She will discuss practical tools like box breathing to reclaim inflammation control, strength training levers for brain health and food as medicine.

### Psychological & Emotional Wellbeing

TUESDAY, APRIL 21 | 6 – 9 p.m.

Join us for an intimate dinner conversation with Nikita, a member and an experienced psychotherapist, psychoanalyst and conflict mediator. **Nikita Crook** will guide us through a thoughtful exploration of the question: How do you recognize when you or someone close to you might benefit from psychotherapy? She'll help us make sense of different therapeutic modalities, finding the right practitioner, and understanding how meaningful support translates to in lived experience here in BC.

### The Intersection of Happiness, Technology and Aging

MONDAY, APRIL 27 | 6 – 9 p.m.

**John Helliwell** and son **David Helliwell** will lead a discussion of the intersection of happiness, technology and ageing. John is the co-founder and co-editor of the World Happiness Report. David has been a serial entrepreneur in clean tech and health tech for the past 20 years. They will share a mix of statistics and anecdotes to spark thought-provoking conversation about where things are headed and what each of us can do to make the future look a little brighter.

## BUSINESS & COMMUNITY

Member organizer: Ellen Kief ([ekief@kiefllaw.com](mailto:ekief@kiefllaw.com))

### Course Correction: How Does Vancouver Turn The Ship Around?

WEDNESDAY, APRIL 28 | 6 – 7:30 p.m.

Members and Guests invited, *registration for program with TCC is required.*

Tune in for a Business & Community session led by **Colleen Hardwick** a serial entrepreneur, film producer and former Vancouver City Councillor. Born and raised in Vancouver, she is a lifelong student of the City. Together, attendees will discuss the question 'How Does Vancouver Turn The Ship Around?'



*To consider this question, we must first do two things:*

1. Establish where we want to go as a City in the future. In order to course correct, we must first agree on the direction.
2. Understand how we got here because "those who cannot learn from the mistakes of the past are destined to repeat them." Then, we must advocate for the necessary steps to achieve the desired course correction.

## MEMBER'S MINGLE

FRIDAY, APRIL 24 | 5 – 8 p.m.

Member organizer: Mindy Tulsi-Ingram

Join fellow members for a casual evening to connect, unwind and socialize. Enjoy a drink, expand your circle, and engage in meaningful conversations This event is organized by member Mindy Tulsi-Ingram. Guests are welcome. Dress Code: business casual.



## Beyond The Stock Market: Defensive Private Investments For Volatile Markets

WEDNESDAY, APRIL 8

5:30 - 7 p.m.

Direct access to fund managers | Refreshments & Hors d'Oeuvres

Hosted by the Invest Differently team through Parvis Investments, featuring Danielle Kinsey and Cynthia Aasen, this event will provide an overview of the private markets landscape and how these strategies can support portfolio resilience. The evening will include presentations from three complementary funds across private credit (MIC), self-storage, and multifamily real estate (REIT).

Register with Danielle at [danielle.kinsey@parvisinvest.com](mailto:danielle.kinsey@parvisinvest.com).

## Around the World

THURSDAY, APRIL 16 | 6 p.m. | Terminal City Club

Around the World presented by the mister Blake foundation is an exclusive dinner experience in support of **Easter Seals BC/Yukon**. Learn more: <https://onecau.se/aroundtheworld2026>

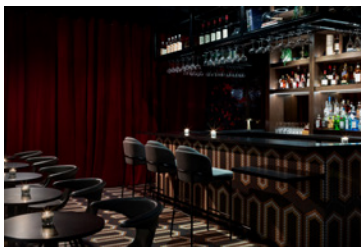
## 2026 Catering Package Launched

For those planning their next gathering at the Club, we're pleased to introduce our new catering package. Thoughtfully curated menus, flexible options, and our signature service make it even easier to host with confidence. Speak with the team to explore what's new and tailor it to your next event.

## CALL ME BACK in the news!



Call Me Back's famous phone wall was spotted on the cover of Vancouver Magazine's March/April edition. Our hidden gem made it on their "Secrets of the City" list.



Call Me Back, designed by KurtzDesign, was also a winner in the Interior Design, Cocktail Bar, category in the 2025 LIV Hospitality Design Awards.

# At the Club EVENTS

## Zajac Nights Gala

SATURDAY, MAY 30

VIP Dinner: 5 - 7 p.m.

Evening Social: 7 p.m. - 1 a.m.



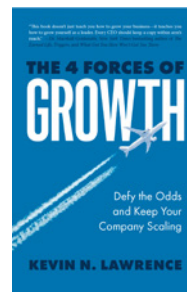
Zajac Nights is the signature fundraising gala in support of Zajac Ranch. Every ticket purchased and every dollar raised directly funds camp programs for children and young adults living with chronic, life-threatening, and complex medical conditions.

This year's theme, **Fever Dream: A Night for Tomorrow**, sets the stage for an immersive evening at the Terminal City Club. Guests will enjoy fine dining, premium cocktails, and interactive experiences — all in support of expanding access to life-changing camp programs.



# Have You Heard? CLUB NEWS

## TCC member Kevin Lawrence publishes a book



Filled with on-the-ground examples from real CEOs, *The 4 Forces of Growth: Defy the Odds and Keep Your Company Scaling* offers a clear path to achieving real, consistent, scalable growth by harnessing a few simple tools and avoiding common pitfalls.

Kevin Lawrence leads Lawrence & Co., a boutique firm of growth advisors. He spent three decades cracking the code on how to keep companies growing, working alongside leadership teams across the world. Kevin is the author of *Your Oxygen Mask First* and was also a key contributor to *Scaling Up (Mastering the Rockefeller Habits 2.0)*.



# HAPPY EARTH DAY

April 22

In celebration of Earth Day this year, we would like to highlight some of the sustainable practices at the Club.

Around the Club you will find sustainable and refillable Vivreau still and sparkling waters, juices produced with rescued surplus fruit provided in collaboration with the Greater Vancouver Food Bank, plus a diverse and thrilling collection of regeneratively farmed wines.



## STREAMING AT THE CLUB



**STREAMING AT THE CLUB**  
April 13 - 17

Space is limited,  
**register on Member Central.**

TED2026, the final of the TED conferences held in Vancouver, will be streamed live in the Club this April. Tune in to TED's lineup of rare mix of thinkers, doers, leaders and dreamers.

For more information or to view the speaker lineup, visit  
<https://conferences.ted.com/ted2026>

## Watch Parties For Soccer's Biggest Event

*Adults: \$65 plus tax & service*  
*Kids (4-12): \$35 plus tax & service*



**We'll be screening the following games being held in Vancouver, live, with sound, in the Metropolitan Ballroom. Bring your friends and families!**

Friday, June 12, 12 noon: Canada vs. TBD  
Saturday, June 13, 9 p.m.: Australia vs. TBD  
Thursday, June 18, 3 p.m.: Canada vs. Qatar  
Wednesday, June 24, 12 noon:  
Switzerland vs. Canada

# Liquid ASSETS

Earth Day arrives on **April 22**, reminding us that our daily choices deeply affect the world we live in. Your Club's wine program only supports wineries that are farming responsibly and sustainably, with dedicated regenerative practices that limit chemical inputs, protect workers and nourish the soil. Try these immaculately farmed wines with your Easter dinner or to celebrate the 56th annual Earth Day.

## ❶ **Domaine Zind-Humbrecht Riesling Roche Calcaire 2019 – Alsace, France \$90**

Universally revered, Domaine Zind-Humbrecht's owner-vigneron is Olivier Humbrecht, Master of Wine. A virtuoso with aromatic whites like pinot gris and riesling, he farms his tiny plots of land with horses and a rigid devotion to biodynamics. A stunning reflection of limestone terroir, this dry and racy riesling from 45-year-old vines is both austere and extravagant: nuanced white flowers and stone fruit, vibrant citrus, salty minerals and the plump texture of a wine aged on the lees for 18 months. Utterly riveting.

## ❷ **Roseblood d'Estoublon Provence Rosé 2024 Coteaux Varois en Provence, France \$58**

Pink wine can be serious, structured, and complex, like this throughbred from the heart of Provence. Château d'Estoublon has grown grapes since 1489, always farming organically and thoughtfully. The classic trio of grenache, syrah, cinsault create the blend, with a touch of the white grape rolle (vermentino) boosting acidity and aromatics. Grown on superb limestone soils, fermented in stainless steel and concrete vessels, it's bone crunchingly dry, silky, and stony with a proper salt lick finish. A glass of liquid sunshine, until the real sun shines.

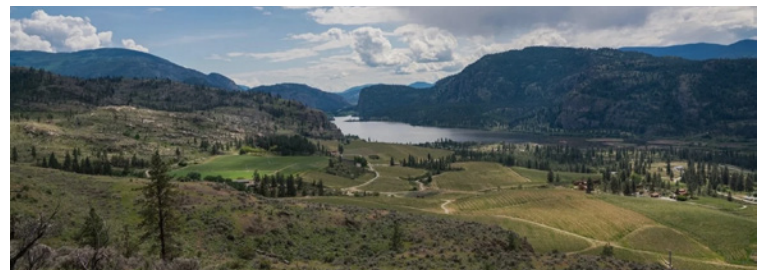
## ❸ **Crystallum Peter Max Pinot Noir 2024 Hemel-en-Aarde, South Africa \$96**

Crystallum is a family-run winery based in the Walker Bay region of South Africa. Brothers Andrew and Peter-Allan are sons of the man who pioneered pinot noir in the southern Cape winelands. A blend of pinot from two diverse vineyards (Peter & Max, the growers) farmed with organic practices and turned into wine with minimal handling. Wild yeast, 50% whole clusters and a gentle caress of French oak make for a dreamy pinot noir. Fruit that spans rhubarb to cranberry to maraschino cherry with cocoa and spice, this is a succulent pinot for Easter ham or lamb.



## ❹ **Château d'Aiguilhe Côtes de Castillon 2018 Bordeaux, France \$117**

Everything is special about this petite château tucked into the region known as the Côte de Castillon, just east of Saint Émilion. Pronounced Château 'Day-Gwee', it is named for a needle (aiguille) because the vineyard is a narrow, elongated plot. The château dates back to the 1700s, purchased in 1998 by one of the greatest minds in Bordeaux, Count Stéphane von Neipperg. He immediately converted the farming to organic and then biodynamic cultivation. Made from limestone-grown merlot with 20% cab franc polished in 30% fine new French oak barrels, this juicy, suave, rich red is always considered one of the killer Right Bank values.



### **SAVE THE DATE**

#### **Winemaker Dinner, Blue Mountain Winery**

**FRIDAY, MAY 29**

Please save the date for a memorable winemaker dinner featuring **Blue Mountain Winery**. On Friday, May 29 family member and **second generation winegrower Christie Mavity** will join our Wine Director DJ Kearney for a lively and revealing look at one of the BC's pioneering estates. We will taste the new 2025 vintages, have a few Library bottles and celebrate late spring with a dazzling menu from the culinary team. Famed for pinot noir, aromatic whites and Canada's finest sparklers, Blue Mountain Vineyard and Cellars helped put BC wines on the world map.

# Member of the Month

## NIGEL BULLERS



In 2013, Nigel Bullers was offered the position of Chief Executive Officer for EasyPark, Vancouver's premier parking-management company. At the time, he wasn't feeling the fit. Something so unimaginative as parking seemed incongruous to his artistic sensibilities. After all, this is a man who learned to play Beethoven's Moonlight Sonata mostly by ear; this is a painter; this is an award-winning photographer whose art graced a gallery in Rome.

"I asked a friend, 'do I want to become the CEO of a parking company? She said to me: 'Nigel, it's a CEO job.'"

Nigel took the hint and accepted the offer. Today, 13 years later, having reinvented parking in Vancouver, he's still there — still using his gift for creative, lateral thinking to build the company and its brand.

"I'm not sure how a 17-year-old with a high school education, who came from a dysfunctional family, who moved to a strange country to live on his own as a teenager, managed to become the CEO of a large company with double-digit growth."

Nigel grew up in England. He moved to Edmonton at 17 to live with his father, who he barely knew. His dad was a charming man who reimagined himself regularly, often with great success.

"I lived with him less than a year. He taught me how to navigate the world. But the lessons came at a price. He was very controlling. I moved out just as I turned 18."

To afford living on his own, Nigel got full-time work in a movie theatre. He stayed in the theatre business for decades and enjoyed a dizzying career ascent, mostly with Famous Players. He quickly went from usher to assistant manager, to manager, to city manager, to regional manager. He moved around the country working in Edmonton, Calgary, Montreal, Vancouver, and Toronto.

In Vancouver, he had a memorable stint working for the theatrical and notorious Garth Drabinsky. Garth had recently launched Cineplex, and Nigel was his manager at the Bay Theatre on Denman Street.

"Garth would phone from Toronto every weekend to ask about the numbers. I could hear glasses tinkling in the background, so I knew he was out somewhere. Cineplex at the time wasn't getting the blockbusters, so the numbers weren't that good."

One day Nigel got a phone call from a Vancouver film critic who said he was kindly holding back a harsh review to not hurt the box office on the opening weekend. When Nigel told Garth this story, he ordered that Nigel call the paper and tell the editor to run the review immediately.

"I told Garth I can't just phone the newsroom and start making demands. Garth said to me: 'Nigel, you either phone and tell them to put a review in the paper, or I am going to have you killed. Do you understand that? I am personally going to have you killed. Do you get that?' ... Yes, all the stories told about Garth are true. He was a wild man."

Nigel finished his movie theatre days in Toronto, where he had a seat at the Famous Players executive table. His stellar reputation was built on successfully opening Canada's first multiplexes. He was also the 'turn-around guy' when a location was struggling to succeed.

"It was the easiest job in the world. I got to follow people who had failed."

When he left the movie-theatre business in 2004, he found a recruiter who understood the scope of his skills: hiring, training, negotiating, franchising, sales, start-ups, public relations. It was his recruiter who, in 2013, got the attention of EasyPark when the CEO job opened.

"I was told they wanted to reinvent parking, so I said 'sure, put my name in.' I had no expectations. But three or four interviews later (including one Vancouver city manager Penny Ballem), they offered me the job."

Nigel likens his work history to that of the one-red-paperclip guy, a young man from Saskatchewan who bargained his way from owning a single red paperclip to owning a house.

"He started out with next to nothing and got a home; I started out with next to nothing and became a CEO."

Nigel joined Terminal City Club around the time the members' lounge opened. His stunning, award-winning, black-and-white photographs grace the room's walls.

"The Club has so many great spaces. One of the things I like most about entertaining here is that there is no ambiguity when it comes to paying. We all have clients who want to buy us lunch or dinner, but I don't want any part of that. Respectfully, you can't buy my business. That makes the club perfect. When my guest says, 'let me get that,' I get to say 'no, sorry, it's my Club'."

"Also, TCC offers a welcoming familiarity. Most places I go to regularly, the staff often changes. At the Club, the staff members get to know you — they use your name, they know what you like, where you like to sit, and what you don't like. They get to know when you are in a meeting and when not to bother you. It's an experience that you can only get at a place like Terminal City Club."

# Focus ON FITNESS

## HOURS

**WEEKDAYS** 6 a.m. – 10 p.m.

**WEEKENDS** 7 a.m. – 8 p.m.

## HOLIDAY & MODIFIED HOURS

**FRIDAY, APRIL 3**

**GOOD FRIDAY (CLOSED)**



## NEW REFORMER PILATES STUDIO

After reviewing potential spaces over the years, the Club secured a 1,225 sq. ft. space on the third floor of the TC Tower in June 2024. Following the City's approval of our development permits a few months ago, we began transitioning the area from offices into a new, purpose-built Pilates and multi-purpose wellness studio, now open. This new studio will provide a dedicated environment for both guided classes and independent wellness use.

The Pilates and multi-purpose areas are thoughtfully integrated within a single, flexible studio environment. Five Pilates

reformers are available and introductory and intermediate/advanced classes will be offered.

Access to the reformers will be structured in phases: initially, usage will be limited to instructor-led sessions. Members who complete the required introductory training and demonstrate proper technique will then be eligible for independent reformer sessions.

View the new class schedule on page 12 and visit the Fitness Centre for more information.

### PRIVATE PILATES WITH ZORICA JOVIC

A former Olympic-level gymnast from Montenegro, Zorica works across the full Pilates apparatus repertoire and is known for creating safe, intelligent programs that restore balance, strength and trust in the body. She holds a comprehensive Pilates Certificate through BASI (Body Arts and Science International) and has over 15 years of teaching and practice experience.

**Inquire about private classes at the Fitness Centre**

## FIRST TIME TO PILATES?

### EXPLORE SOME INTRO OFFERS

Looking to try Pilates for the first time? Our intro packages are designed to help you familiarize yourself with the apparatus, techniques and terminology. Choose which one is best suited for you.

### PRIVATE INTRO CLASS OFFER

\$375 plus gst (regular \$420) until June 30, 2026

**Inquire about private classes at the Fitness Centre**

For a limited time we are offering a package of five 60-minute beginner's private or duet (with a coworker or friend) classes for a discounted price.

### BEGINNER FUNDAMENTALS

**Mondays, 12 noon – 1 p.m. &**

**Wednesdays, 7 – 8 a.m. (No class April 8)**

*complimentary, registration required*

For those who have never tried pilates before, learn core principles like breath, flow, precision, and control in this introductory class.

### LEVEL 1 - BASIC WITH PROGRESSIONS

**Wednesdays, 5 – 6 p.m. (No class April 8) & Saturdays, 9 – 10 a.m.**

*\$25 plus gst, registration on Member Central is required; a late cancellation or no-show fee of \$40 will apply given limited capacity*

Learn about posture and alignment and build a foundation that will allow you to progress to more complex movements.

### COMING SOON!

### LEVEL 2 - ELEVATE INTERMEDIATE

*\$25 plus gst, registration on Member Central is required; a late cancellation or no-show fee of \$40 will apply given limited capacity*

For those with apparatus experience, build on foundations with a class that will introduce you to transitions to give you a full body workout. Attendees must be able to get in and out of foot straps, adjust their own springs and props yourself.

# Focus ON FITNESS

## NEW GROUP CLASS SCHEDULE

With our new multi-purpose studio space ready we are excited to announce many new group class offerings. All group classes will now be in person.

Registration for all group classes is required, a late cancellation or no-show fee of \$25 will apply given limited capacity

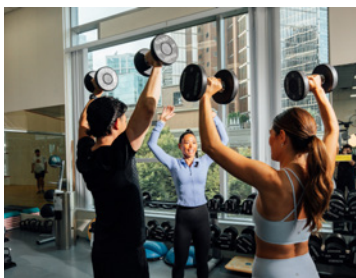
See more details and register for the classes on Member Central.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING		6:30 – 7:30 a.m. <b>VINYASA YOGA</b> with CLARE		6:30 – 7:30 a.m. <b>HATHA YOGA</b> with CLARE		10 – 11 a.m. <small>STARTING APRIL 9</small> <b>BARRE CLASS</b> with SUZY	10 – 11 a.m. <b>POWER FLOW YOGA</b> with HELIA
AFTERNOON	12 noon – 1 p.m. <b>F.I.T.</b> with ATHOS	12 noon – 1 p.m. <b>CORE CONDITIONING</b> with LEILA  5 – 6 p.m. <b>TOTAL BODY STRENGTH</b> with MIKALA	12 noon – 1 p.m. <b>BOXING CLASS</b> with LEILA	12 noon – 1 p.m. <b>SCULPT &amp; STRETCH</b> with CLARE  5 – 6 p.m. <small>STARTING APRIL 9</small> <b>BANDED BOOTCAMP</b> with SUZY	12 noon – 1 p.m. <b>TOTAL BODY STRENGTH</b> with LEILA		

## TRAIN

### PERSONAL TRAINING with MIL FIT



MilFit personal training is a private one-on-one session designed to focus attention entirely on your needs to make sure you reach your health and fitness goals safely and effectively. Whether you are new to fitness or an athlete, our team of professional and experienced Certified Personal Trainers will customize on-going personalized exercise programs that will be specific towards achieving your best possible health, fitness, and wellbeing.

All our professional and experienced Certified Personal Trainers are university educated in Exercise Science, Sports Performance and Injury Prevention. Our trainers provide motivation, accountability, consistency, non-judgmental support, safe supervision, correct technique, proper form, injury rehabilitation, sports-specific training, and results.

Research shows that working one-on-one with a personal trainer produces health and fitness results more effectively and more efficiently, and with less to no injuries than training on your own.

# Focus ON FITNESS

## SWIM

SWIM COACH JOHN RYAN  
john@swimminginvancouverbc.com

### ADULTS PROGRAMS POOL POWER PROS

Tuesdays & Thursdays,  
6:30 – 7:30 a.m. | \$195 plus gst  
A high-intensity endurance-based program for experienced swimmers. Expect to swim 2.5/3 km in the hour.

### POOL POWER STROKES

Tuesdays & Thursdays,  
7:30 – 8:30 a.m. | \$195 plus gst  
An endurance stroke-based program working on techniques of all strokes and flip-turns while improving your cardio.

### POOL POWER PADDLERS

Tuesdays & Thursdays, 10 – 11 a.m. | \$225 plus gst  
A group lesson program for the non, weak, or nervous swimmer focused on progressions at your pace.

### KIDS PROGRAMS KIDS GROUP LESSONS

April 11 - June 27 (No lessons May 26, 2026)  
Saturdays, various times | \$324.5 plus gs

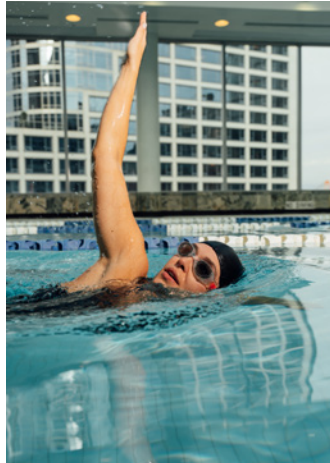
10 – 10:40 a.m. | 3 – 5 years  
10:40 – 11:20 a.m. | 3 – 5 years  
11:30 a.m. – 12:10 p.m. | 6 – 7 years  
12:10 - 12:50 p.m. | 8 – 9 years  
12:10 - 12:50 p.m. | Stroke improvement

### PRO-D DAY CAMP

Monday, 9 – 11 a.m. | \$68 plus gst  
9 - 10 a.m. Stroke correction and technical skills  
10 - 11 a.m. Competitive and fun relays followed by games.

### NEW! SWIM KIDS "MOVEMENT TO MUSIC FOR MINIONS"

Sunday, April 12 - May 10 (Not scheduled May 17)  
10 – 11 a.m. | \$225 plus gst | 6 - 12 years  
This new program is a great way for our swim kids to improve their watermanship in swimming lessons, give you an introduction to synchronized swimming, developo Lifesaving skills for Junior lifeguard programs or just a great way to have fun.



## SQUASH

SQUASH COACH BARRY GIFFORD  
squash@tcclub.com | 604-219-8233

### VANCOUVER SQUASH LEAGUE

TCC will be hosting the Div. 5 Finals on  
April 13 – Come out to cheer your team on!

### SQUASH SKILLS & TACTICS

\$25.00 plus gst  
For competitive Vancouver Squash League players – intermediate/advanced. Get three or more players together for “Pro-like” skill-tactical situations.

### 2026 TCC SUMMER SQUASH LEAGUE

Mondays, May 4 – June 29, matches at 5, 5:30, and 6 p.m.  
Teams will have players of different levels based on their Club Locker ranking points. That is, one player from Div. 2-3, one player from Div. 4-5 and one player from Div. 6-7. Register at the Fitness Centre.

### JOIN US! SQUASH SOCIAL

Thursdays, 4 – 6 p.m.  
Who says squash can't be a party?  
Bring your game face and jump right in.

### NEW! SQUASH GROUPS

Interested in morning or lunchtime squash? Join the **Morning Boys**, and/or the **Lunchtime Burpees**.  
Contact Barry to sign up today.

### SQUASH JUMPSTART

Wednesday, April 22, Women 5 – 6 p.m. | Men 6 – 7 p.m.  
Please register at the Fitness Centre by 8 p.m. April 20  
Offered quarterly, for free, for experienced squash players at TCC, to get you back into squash fighting shape. Squash conditioning skill-drills are orchestrated by Barry to rekindle your squash spark

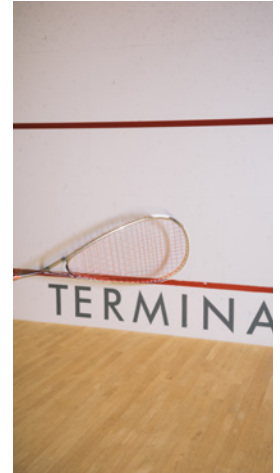
### SQUASH INTRODUCTORY LESSON

New members are offered a free half-hour Introductory Squash Lesson. Whether you take up the game more full-time, or you are just interested in trying it out – the “Intro Lesson” will provide you with the ability to play the game right away!

### SPRING 2026 JUNIOR SQUASH PROGRAM

Saturdays, April 11 - June 27 (10 lessons; no lesson on May 16)  
\$200 plus gst

12:15 – 1:00 p.m. | 6 – 7 years  
1:00 – 1:45 p.m. | 7 – 11 years  
1:45 - 2:30 p.m. | 13 – 17 years



# THE KING IS COMING...

A Vegas experience that  
is glamorous, playful,  
and unforgettable.



**FRIDAY, APRIL 17 | 7 – 11 p.m.**

*\$62 plus tax & service*

Register on Member Central