

TERMINAL CITY TIMES

JANUARY 2022 • VOL. 29 NO. 1



SPECIAL EVENTS • ENTERTAINMENT & DINING • CLUB NEWS • FEATURES & MORE




837 WEST HASTINGS STREET

VANCOUVER, BC
V6C 1B6, CANADA

CALL 604 681 4121
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CONTACT US

Member Services 604 681 4121
Membership Sales 604 488 8647
Billing 604 488 8607
Catering 604 488 8605
Weddings 604 488 8629
Lions Pub 604 488 8602
Fitness Centre 604 488 8622

 terminalcityclub
 @tcclub
 Terminal City Club

CLUB HOURS

MEMBER SERVICES (FRONT DESK)

Monday – Friday 6 a.m. – 9 p.m.
Saturday & Sunday 7 a.m. – 7:30 p.m.

THE GRILL (IN CUVÉE/1892)

Monday – Friday 11 a.m. – 9 p.m.
Coffee 7 a.m. – 8 a.m.
Breakfast 8 a.m. – 10:30 a.m.
All Day Menu 11 a.m. – 9 p.m.

Saturday & Sunday

Coffee 8 a.m. – 9 p.m.
Brunch 9 a.m. – 2:30 p.m.
All Day Menu 3 p.m. – 9 p.m.

MEMBERS' LOUNGE

Monday – Friday 8 a.m. – 11 p.m.
Coffee Service 8 a.m. – 9 a.m.

Saturday & Sunday 8 a.m. – 11 p.m.
Coffee Service 8 a.m. – 11:30 a.m.

LIONS PUB

Monday – Wednesday 11 a.m. – 10 p.m.
Kitchen 11 a.m. – 8 p.m.

Thursday – Saturday 11 a.m. – 10 p.m.
Kitchen 11 a.m. – 8:30 p.m.

Sunday CLOSED

FITNESS CENTRE POOL HOURS

Monday – Friday 6 a.m. – 10 p.m.
Saturday & Sunday 7 a.m. – 8 p.m.

**Gym and Squash Courts remain closed per PHO*

MASK & VACCINE MANDATE, NEW PHO

The current PHO requires the Club to check proof of full vaccination for all members and guests aged 12 and older. Please ensure that you and your guests have your BC Vaccine Card and a piece of government-issued ID available when you enter the Club. Masks are still required indoors, unless seated for dining or while using the pool.

Additionally, please note that a partial closure of the Fitness Centre has been in effect since December 22, 2021. While the pool remains open, the gym and squash courts will be closed until further notice. Thank you for helping keep each other safe!

HOLIDAY CLOSURES

All areas of the Club and Pub will be closed on January 1 for New Years Day.

WELCOME TO OUR NEWEST MEMBERS!

We are excited to welcome the following individuals to our Club and community:

Sarah Boon	Kathryn Britnell
Sean Bromley	Susan Bruckner
Jason Chan	Christos Kalaitzis
Gagan Grewal	Ashley Hamilton
Nesrine Jabbour	Michael Madsen
Andrea Mestrovic	Christopher Parsons
Vladymyr Rostotsky	Mike Short
Ronald Sim	Mike Whalen
Sherlock Yam	Carl Zheng

2022 DUES & FEES SCHEDULE

Effective January 1, 2022.

Please contact the Membership Administrator to make arrangements for paying dues yearly at 604 488 8607 or members@tcclub.com.

	MEMBER DUES	CAPITAL RESERVE FUND
Resident & Corporate	\$265 / month	\$39.20 / month
Resident (34 & under)	\$180.25 / month	\$39.20 / month
Diplomatic & Non-Profit	\$265 / month	\$39.20 / month
Intermediate	\$132.50 / month	\$19.60 / month
Country	\$132.50 / month	\$19.60 / month
Non-Resident	\$924 / annum	\$219 / annum
Spousal	\$402 / annum	\$219 / annum
Life (35+ Years)	\$795 / annum	\$117.60 / annum

OTHER OFFERINGS

Liquor Locker	\$241.80 / annum
12-bottle Wine Locker	\$426 / annum
24-bottle Wine Locker	\$795 / annum (SOLD OUT)
Fitness Centre Locker	\$537.60 / annum
Fitness Centre Hall & Golf Locker	\$292.80 / annum
Fitness Centre Laundry	\$48 / month

DEAR FELLOW MEMBERS,

First, I'd like to say Happy New Year to all our members! I hope everyone was able to safely gather with friends and family over the holiday season. And a sincere thank you to everyone who supported us throughout 2021.

I am extremely grateful to be named President of Terminal City Club, joining Liisa O'Hara and Angela Webster as the third female President of the Club. It is a special honour, and I'm excited to take on the challenge. As well I'd like to welcome new directors Jill Kivett and Steve Owst to our Board. And, for the first time in the Club's history, the Vice President, Julia Yan is also a woman.

I look forward to continuing to work with our Board, membership, management and staff throughout the year. I have trust in our Board, and the wonderful staff we have working at TCC.

I want to acknowledge the work done by the management team for another successful year (given the circumstances). The team was resilient in the face of layoffs, labour shortages, and shifting regulations under the Provincial Health Officer. As the Omicron virus spreads rapidly, we face new challenges and further restrictions, which will require constant vigilance and a great deal of patience from all of us.

Our Director of Finance & Facilities, Laura McLachlan did an excellent job budgeting for a pandemic and making sure the Club was conscious of its spending throughout the year. Jennifer Silver and the membership team produced amazing results, signing up 146 members during the 2020/21 fiscal year. And to all the staff: your hard work is appreciated.

I'd like to thank all the members who contributed to the Club Fund late last year. These donations went a long way to adding to the holiday bonus for our staff, and I know the staff were grateful.

The renovation to our Grill/Kitchen will continue into the new year. Our contractors, BLT Construction continue to make progress, and I hope to share more details with you soon. Until it's time to cut the ribbon, please excuse the noise on the second floor.

I look forward to settling into my role as President this month, and I want to make sure I am engaging you, our membership, as much as possible. Starting with this issue, each newsletter will include a brief survey for members (see page 3). You are encouraged to provide the Board with your feedback each month, giving us timely information to help us to continue to make our Club better in 2022.

Once again, I appreciate the opportunity to serve as President for 2021/22, and I wish you a safe and productive start to your new year.

Sincerely,

Marian Robson
President, Terminal City Club



President's Letter JANUARY 2022

Meet our NEWEST DIRECTORS



JILL KIVETT

With 25 years of experience in sales, marketing, and sponsorship, Jill Kivett brings passion and energy to any project she takes on. In 2003, Jill found her calling at Marketplace Events where she now oversees 12 major annual home shows in Western Canada and the Pacific Northwest along with two wedding shows in Phoenix, all while sitting on the management team. When she's not racking up frequent flyer miles, Jill enjoys volunteering, doting on her Rhodesian Ridgeback, Dalton, hitting the links with her husband, Kelly, and ending the day with a crisp glass of BC rosé in hand.



STEVE OWST

Steve Owst's journey started in the Royal Air Force after receiving a degree in aerospace engineering. He was part of the team responsible for the repair and maintenance of the UK's most advanced radar systems. From there, he moved to the Middle East where he managed the computer systems at Abu Dhabi's brand new international airport ADNIA. Returning to the UK, he continued his high tech work with British Airways before permanently relocating to Canada in August 1990. Steve continued to work in the technology sector in systems engineering and senior management for the likes of Ascom Timeplex, TELUS, and Nokia. Currently, Steve is a founding member and Chief Technology Officer for Talent Games Inc. and owns his own web services, e-commerce, and hosting company Highbury Hill (the team behind the website for tcc2go.com).



TCC SKI WEEKEND

FEBRUARY 4 - 6 — SUN PEAKS

Starting from \$675 per person

Sun Peaks is famous for light, dry "champagne powder" and a European-style village nestled at the base of three mountains. Dust off your skis or snowboard for two exciting days at Big White. An experienced, friendly, and fun trip leader will assist members throughout the trip and arrange any additional activities of interest for a discounted price.

If you've been thinking about learning to ski, this is your chance! Option to customize the trip with a 1-Day Learn to Ski/Ride package (includes equipment rentals + 2-hour lesson).

Around THE CLUB

JANUARY BEVERAGE SPECIALS

Drink smarter this January with a little help from our beverage team. We have a selection of exciting new specials to help refresh your palate after all the mulled wine and hot toddys!

MONDAY	Bartender's Choice - creative cocktails by our brilliant team!
TUESDAY	\$9 Negroni
WEDNESDAY	\$6 (6 oz) and \$9 (9 oz) White or Red wines
SUNDAY	Corkage waived on select bottles

LIVE MUSIC

Every Thursday, Friday & Saturday in 1892 | 5:30 – 8:30 p.m.

Stay tuned for January's line up!

SMALL REMINDERS

MASK UP!

A reminder that masks are mandatory throughout the Club, unless seated and dining.

CELLPHONE USE

Please be mindful of your fellow members when taking calls. If you need to take a call, please head to the lobby or hall areas, or consider using the phonebooth on the second floor. If you are taking Zoom calls in the second floor hall area, please use headphones or ear buds.

TAKE A SHORT SURVEY

We appreciate feedback and are always looking for ways to make your experience at the Club the best it can be. Click [here](#) if reading a digital copy, or scan the QR code on the right to complete the survey.

([Surveymonkey.com/r/TCCJan2022](https://www.surveymonkey.com/r/TCCJan2022))



January AT THE CLUB



MEMBERS' NETWORKING LUNCH

THURSDAY, JANUARY 20
12 noon – 1:30 p.m.

Complimentary event with the purchase of lunch à la carte from the Grill

Join the city's entrepreneurs, executives, and business and community leaders for conversation over a power lunch every third Thursday. This is a terrific opportunity to meet and mingle with other members representing diverse industries.



TCC SALON: The Wandering Mind

FRIDAY, JANUARY 21
6 – 9 p.m.
Waitlist Only

Complimentary event with the purchase of dinner à la carte from the Grill

Daydreaming is an important cognitive state where we unconsciously turn our attention away from immediate tasks and inward to parse out meaningful connections and conclusions from our memories and experiences. In her research, UBC psychologist Dr. Kalina Christoff points to how stray thoughts can increase clarity, creativity, and enhance other modes of thought for more efficient thought processing.

Dr. Kalina Christoff is a Professor of Psychology at UBC. She is currently Interim Director to the Peter Wall Institute for Advanced Studies.



GOURMET DINNER

FRIDAY, JANUARY 21
6 – 9 p.m.

*\$90 + taxes and service charge
\$38 for optional wine pairings*

Our first Gourmet Dinner of the year will feature a spectacular curation of winter produce. This multi-course, vegetable-focused dinner will highlight the best of this winter's harvest and give you a newfound appreciation for cold weather crops. As always, an optional wine pairing is available, and was carefully selected by TCC's Wine Director DJ Kearney to showcase the complex depth and unique flavour profiles of each course.



TCC DISCUSSION GROUP:

Basic Income in BC
TUESDAY, JANUARY 25
7:15 p.m.

Complimentary event with the purchase of lunch à la carte from the Grill.

Engage in a riveting discussion on basic income and its implications on social and economic wellness in BC. This discussion group is led by SFU Professor Emeritus Rhys Kesselman, co-author for the BC government report, "Cover All the Basics: Reforms for A More Just Society."

January AT A GLANCE



TCC SALON: Resilience

THURSDAY, JANUARY 28
6 p.m. – 9 p.m.

Complimentary event with the purchase of dinner à la carte from the Grill.

Resilience is a cluster of capacities, characteristics, resources, and processes related to the development and maintenance of healthy adaptation. Even in the context of illness and disability, people can harness adaptive strategies to achieve a subjective sense of personal well-being and fulfillment. Led by Dr. Eric Kim, Assistant Professor of Psychology at UBC, this Salon explores the ways we've individually strived towards resilience amidst a pandemic, and will discuss exemplars of resilience around us. We will also discuss the deeply inequities people are born into, and how this factor weaves into our entire theme.

JAN 20 MEMBERS' NETWORKING LUNCH

JAN 21 TCC SALON Dr. Kalina Christoff on the Wandering Mind

GOURMET DINNER A Winter Harvest

JAN 25 TCC DISCUSSION GROUP Basic Income in British Columbia

JAN 28 TCC SALON Dr. Eric Kim on Resilience

REGISTER FOR EVENTS

online via Member Central
call 604 681 4121

email concierge@tcclub.com
text 604 200 2279



WSET
WINE & SPIRIT
EDUCATION TRUST

Have you been thinking about elevating your wine knowledge? Our Director of Wine DJ Kearney is a vastly experienced wine instructor with a special talent for bringing wine regions to life through pictures, words and, of course, the wines you will sip in the classroom.

WSET LEVEL 1

February 27 and March 6

9:30 a.m. – 2:30 p.m. | \$399 plus GST

WSET Level 1 is perfect for the beginner and those with a basic knowledge of wine. You'll drink better and buy smarter after this course.

WSET LEVEL 2

March 27, April 3, and April 10

9:30 a.m. – 5:30 p.m. | \$1150 plus GST

WSET Level 2 covers all the fundamentals of wine, then dives deeply into the major grapes and regions of the world and will hone your tasting skills.

**WSET 1 is not a prerequisite.*

REGISTRATION & INFORMATION: wine@tcclub.com

Member of the Month

MARIAN ROBSON



In 1991, Marian Robson was B.C.'s public affairs manager for Canadian National. She had already distinguished herself as a trailblazer in an industry predominantly occupied by men. In the same year, with a resume that included years of exemplary public service in the innermost circles of the federal government, Marian forged another step along that path when she became a member of Terminal City Club – one of the first group of six women leaders to do so.

Jump forward some 30 years, and today this remarkable leader has now been approved as President of the TCC Board of Directors for 2022. Her Vice President is Julia Yan, and this marks the first time in the Club's history that women have occupied the two most august seats on the Board.

Marian grew up in the prairie town of Biggar, Saskatchewan – renowned for its slogan "New York is big, but this is Biggar." Her father was a doctor and her mother a teacher.

After high school, Marian attended the University of Saskatchewan where she received her BA in English. She loved literature, and English just felt like the right direction.

But she also loved politics, so when it came time to consider her master's degree, she chose political science.

"In 1967, there were seven of us in the program," she recalls. "The Liberal convention in Ottawa was approaching and Pierre Trudeau was running as a leadership candidate. Of course, I was gaga over Trudeau, so I spoke with two of my profs and convinced them that me going to the convention would be a fantastic poli-sci experience."

At the convention, she met Otto Lang. The following year in the federal election she worked on the "Send Otto to Ottawa" team which led to Lang's upset victory in the riding of Saskatoon-Humboldt.

After the '68 election, Marian left Saskatchewan politics and moved to the Northwest Territories to work on her thesis: The Evolution to Provincial Status of the NWT. "In retrospect, I must have been smoking something because it wasn't close to being a reality." She got a job with the Centennial Center, NWT Government and never finished her thesis.

In 1970, Lang called. He was now the Minister of the Canadian Wheat Board and he wanted Marian on his personal staff as Special Assistant. Throughout his years in Cabinet, as he assumed different portfolios from Manpower, Citizenship and Immigration, to Justice, Marian remained a constant. When he became Transport Minister, she became his Industry Liaison Assistant, a job she held for about a year and a half.

In 1976 Marian moved to Vancouver to marry her late husband, Michael, a forest industry executive. She was quickly hired by BC Rail as Corporate Secretary. In 1981 Marian was appointed Chair of the Vancouver Port Corporation and was a member of the Ports Canada Board. Following her time with the port, Marian became Manager, Public Affairs for CN in B.C.

In 1996, Marian was named Chair and CEO of the Canadian Transportation Agency, the body responsible for administering economic regulatory provisions of all modes of transport under federal jurisdiction. Her 10 years in this job solidified her reputation as a significant player in the history of the Canadian transportation landscape.

"My second term ended in 2006. I returned home from Ottawa and I felt this real lack of identity," she says. "I threw myself into board work to stay busy, stay connected. I'm now involved in so many things I don't feel retired at all. The only difference in my life is I'm working for no money."

Today, Marian is Chair of the Pacific Chapter of the Chartered Institute Logistics and Transport North America and a member of the national board; she is also a member of the Regional Transportation and Infrastructure Committee of the Greater Vancouver Board of Trade; plus, she is on the board of her church, and, of course, TCC.

"I anticipate a lot of work this year with the Club, so perhaps I will have to let go of some other responsibilities." Marian is the Club's third president to work under the storm cloud of the COVID-19 pandemic. "In terms of a theme for the year ahead, I plan to focus on the appreciation and recognition of human capital during these difficult times. Under leadership of the General Manager and successive Presidents, the management, staff, and Board members have done an incredible job over the past two difficult years."

Marian will also oversee completion of renovations to the Grill and the Grill kitchen, as well as repairs to the outdoor patios.

"I also know we have an exciting opportunity to create an outdoor dining space in the park beside the Club. As well, we will be looking at developing an increase in workspace that can be rented by the hour, the day, the week. Offices are closing, but people still need a place to work. TCC needs to put itself in an optimal position to take advantage of these transformative times."



ANDIAMO A MONTALCINO!

BIG, BOLD BRUNELLO MASTERCLASS

\$95 per person plus tax | Limited Seating

Coming this February

Brunello di Montepulciano is Tuscany's most aristocratic wine.

From just a handful of farmers in the 1970s to more than 200 elite estates today, this region has literally exploded with quality and diversity. Join TCC's Director of Wine DJ Kearney for a delicious tasting and discussion of what makes Brunello so unique, collectable, and ageable, and what to buy from the recent outstanding vintages. Explore the sub-regions that encircle the hilltop town of Montalcino and savour five Brunellos paired with Tuscan delicacies from our creative culinary team.

Liquid ASSETS



SCHIOPETTO RIVA ROSSA 2017 - IGT VENEZIA GIULIA – \$80

Friuli is famed for the tenacious pioneering spirit of farmers and winemakers. Both whites and reds from here are full of flair and flavour, like this merlot/cabernet blend from the leading estate in Friuli, Schiopetto (say: ski-oh-PET-oh). Juicy and lithe with glorious black cherries, licorice, and black pepper, it has both freshness and velvety texture. The gloss of fine French oak adds a spicy sheen to this Italian standout.



CHÂTEAU LAROZE SAINT-ÉMILION GRAND CRU CLASSÉ 2018 BORDEAUX, FRANCE – \$62

Four hundred years of history in Saint-Émilion is part of the secret to the high quality of Chateau Laroze, as is a fabulous terroir of mineral clay soils. Pristine farming and the use of steel tanks, concrete vats, and terracotta urns adds complexity to this impressive, accessible wine. This is a blend of plush merlot and powerful cabernet franc from the celebrated 2018 release – the hottest, driest, sunniest vintage since 2003. You'll taste rich dark fruit, supple tannins, freshness, and the essence of this magnificent family-owned estate.



MULLINEUX KLOOF STREET CHENIN BLANC 2020 – SWARTLAND, SOUTH AFRICA – \$35

It's here at last! We've been waiting for this famous little wine to arrive for months and finally it's emerged from the supply chain. Young farmer/winemakers Andrea and Chris Mullineux are widely admired for their reverence for old vines grown in the rugged wilds of Swartland, just 90 minutes' drive from Cape Town. Lemons, beeswax, honeysuckle, and spice flavours with lip-smacking acidity and rich succulent fruit. Kloof refers to a gorge and is pronounced 'kloo-aff'. You'll find it on our By The Glass list.



Fitness Centre UPDATES



POOL HOURS

Monday to Friday

6 a.m. to 10 p.m.

Weekends

7 a.m. to 8 p.m.

Adult Swim Time

daily until 9 a.m.

The pool and Fitness Centre will be closed on Sunday, January 1 for New Year's Day.

MASKS AND SAFETY POLICIES

Masks are mandatory unless showering, using the sauna or steam-room, or entering the pool or hot tub. Full body showers are mandatory before entering the swimming pool and hot tub.

POOL REMAINS OPEN

As per the PHO's December 22 order, the gym and the squash courts must be closed until further notice. The pool may remain open with the following conditions:

- Maximum capacity of 20 people in the Fitness Centre at all times.
- Two lanes are designated for lane swimming and two lanes will be combined for leisure swimming.
- Locker rooms will be available for those visiting the pool.
- Masks must be worn by everyone aged five and up, in all areas, including locker rooms and the pool deck, except when swimming and showering.

We appreciate your understanding during this partial closure of the Fitness Centre.

Virtual FITNESS

F.I.T. WITH RACHEL

Mondays, 12 noon – 1 p.m.

This functional circuit training class utilizes your own body weight to increase muscular strength, improve cardiovascular endurance and burn calories.

VINYASA YOGA WITH CLARE

Tuesdays, 7 – 8 a.m.

Vinyasa Yoga is an active, flowing style of yoga proven to improve strength, balance, and flexibility. This is an all-levels class, with options provided to ensure all participants feel challenged and successful.

CARDIO & CORE WITH LEILA

Tuesdays, 12 noon – 1 p.m.

Stand straighter, walk taller, and move better when you commit to this class! Full-body cardio sculpting moves are followed by a variety of exercises that improve strength and stability.

MAT PILATES WITH ZORICA

Wednesdays, 7 – 8 a.m.

Zorica Jovic is a BASI®-certified Pilates Instructor and an award-winning gymnast. Pilates hits both large and small muscle groups, giving added strength and improved mobility. Private classes with Zorica are also available.

CARDIO KICKBOXING WITH LEILA

Wednesdays, 12 noon – 1 p.m.

This fun, non-contact workout utilizes boxing skills and drills to engage every muscle group in your body. Increase your cardiovascular endurance, power and stamina. You'll feel it the next day!

POWER FLOW YOGA WITH RACHEL

Thursdays, 7 – 8 a.m.

Power Flow is a vigorous, athletic approach to yoga and an excellent complement to any sport. Improve muscle tone, strength, flexibility, and balance.

SCULPT & STRETCH WITH LEILA

Thursdays, 12 noon – 1 p.m.

This low-intensity class utilizes controlled, non-impact body weight movements focusing on posture, alignment, flexibility, and mobility. Sculpt & Stretch is perfect if you are nursing an injury, tight from your sport, or just sore from being active.

PURE CORE WITH LEILA

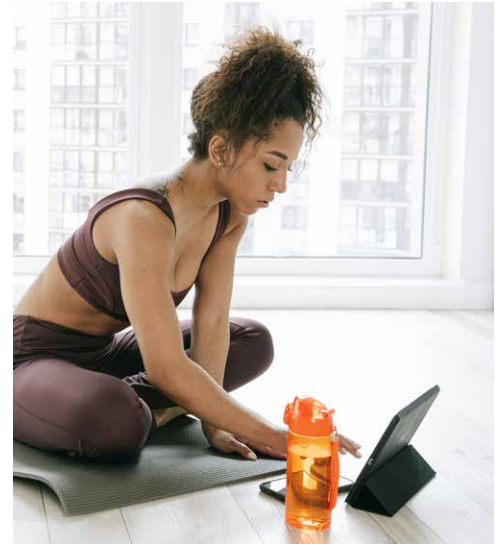
Fridays, 12 noon – 1 p.m.

Strengthen and tone your entire midsection. Pure Core exercises focus on improving back strength, spine stability, enhancing abdominal definition, and leaning your waistline.

F.I.T. WITH STRENGTH WITH LEILA

Saturdays, 9 – 10 a.m.

Start your weekend right with this high energy full-body intensity training (F.I.T.) class. Increase strength, improve endurance and burn calories. You will be able to incorporate added resistance to any of the exercises or simply use your own body weight.



ON-DEMAND FITNESS CLASSES

Scan this QR code to access our Stay Fit playlist on YouTube.



Can't join the Zoom class? TCC's Fitness Classes are recorded and uploaded to Member Central the following day, and will remain available for one week.

Pre-recorded **yoga classes by certified international yoga teacher and lululemon ambassador Matt Corker** are available on TCC's YouTube channel.

Core & Strength Quickie (20 mins)
Morning Wake Up Flow (35 mins)
Post-Work Wind Down (35 mins)
Slow & Sweaty Flow (60 mins)

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 a.m.		VINYASA YOGA WITH CLARE	MAT PILATES WITH ZORICA	POWER FLOW YOGA WITH RACHEL		
7:15 a.m.						
7:30 a.m.						
8 a.m.						
9 a.m.						F.I.T. STRENGTH WITH LEILA
9:15 a.m.						
9:30 a.m.						
10 a.m.						
12 p.m.	F.I.T. WITH RACHEL	CARDIO & CORE WITH LEILA	CARDIO KICKBOXING WITH LEILA	SCULPT & STRETCH WITH LEILA	PURE CORE WITH LEILA	
12:15 p.m.						
12:30 p.m.						

GOURMET DINNER



FRIDAY, JANUARY 21
6 – 9 p.m.

*\$90 plus tax & service charge
+ \$38 curated wine pairings (optional)*

Our first Gourmet Dinner of the year will feature a spectacular curation of winter produce by Executive Chef Dan Creyke. This multi-course, vegetable focused dinner will highlight the best of this winter's harvest and give you a newfound appreciation for cold weather crops. As always, an optional wine pairing is available, and was carefully selected by TCC's wine director DJ Kearney to showcase the complex depth and unique flavour profiles of each course.

*Register through Member Central or contact
concierge@tcclub.com.*