

# TERMINAL CITY CLUB

## House Rules Update

Over the past year, Terminal City Club has been operating with temporary *Fitness Centre protocols* in place, in order to ensure that we comply with all BC Public Health orders, and that the Club remains a safe and welcoming place for our Members and staff. Many of you have followed these protocols carefully, and for that, we extend our thanks and appreciation.

However, as public health measures have remained in place for longer than most of us anticipated, **too many of our Members are disregarding these posted protocols.**

In order for all of our Members to enjoy the equal access to which they are entitled, *all of our Members must abide by these protocols*. For clarity, highlights of the Club rules currently pertaining to all areas of the Fitness Centre (gym, pool, squash) are:

- All Fitness Centre visits are *subject to availability* and **must be reserved in advance** using the online system or by calling Member Services.
- If a Member reserves a Fitness Centre spot and then is unable to make their designated time, they **must cancel their reservation** online or by contacting the Club directly, **before** their designated start time.
- A single Member may have a **maximum of three dates/times reserved at any given time**. This includes a Fitness reservation that the Member is *about to attend*. For example, if you currently have only one reservation booked, you may book a maximum of two more (subject to availability). Or, if you currently have three reservations, you may only book another one *after* one of your current reservations has passed.
- Each reservation is *inclusive of changing, exercising, and showering*, so please plan your visit accordingly and be prepared to leave when your reservation is over.

The Club recognizes that it is frustrating to have one's use of the Fitness Centre limited, and we are anxiously awaiting the day when capacity limits are lifted. But while COVID-19 remains an issue, we must all shoulder the restrictions equally.

As such, as long as these protocols are in place, TCC House Rules will be amended to allow the House and Membership Committee/General Manager to **suspend the fitness privileges of any Member who declines to follow them.**

The Auxiliary Cardio Room (ACR) is an available alternative to the Fitness Centre. The ACR **does not allow for locker room access**, so is best suited to Members who are prepared to come in, work out, and leave – but it also **does not require a reservation**. The room has a maximum capacity of 7, but experience to date has shown that it is rarely full, particularly in off-peak hours, so please consider whether this might be a suitable alternative for some of your workouts. In addition, you'll also find a full array of daily TCC fitness sessions including F.I.T., Yoga, Kickboxing, Core, Pilates, Meditation, and more that you can participate in from home. Online sessions are active for 7 days after being posted **here**, so you can work out around your own schedule.

Please know that these **protocols** have been carefully considered, and are in place to help ensure equitable access for all Members, and safety for Members and staff. Your adherence is necessary so that we can all get through these challenging times and come out the other side. If you have questions, or need assistance logging in to Member Central, please email [concierge@tcclub.com](mailto:concierge@tcclub.com).