

TERMINAL CITY TIMES

AUGUST 2020 • VOL. 27 NO. 5

SPECIAL EVENTS • ENTERTAINMENT & DINING
CLUB NEWS • FEATURES & MORE



837 West Hastings Street
Vancouver, British Columbia
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CANADA

Call : 604 681 4121
Text : 604 200 2279
tcclub.com

terminalcityclub
 @tcclub
 Terminal City Club

CONTACT US

Billing : 604 488 8607
Catering : 604 488 8640
Weddings : 604 488 8605
Lions Pub : 604 488 8602
Fitness Centre : 604 488 8622
Member Services : 604 681 4121
Membership Sales : 604 488 8647

CLUB HOURS

MEMBER SERVICES (FRONT DESK)

Monday – Friday : 5 a.m. – 11 p.m.
Saturday & Sunday : 7 a.m. – 8 p.m.

FITNESS CENTRE

Monday – Friday : 5 a.m. – 11 p.m.
Saturday & Sunday : 7 a.m. – 8 p.m.

Patio

Weekdays: 3 – 8 p.m.
(food service from 3 p.m.)

Weekends: 12:30 – 8 p.m.
(food service from 3:30 p.m.)

THE GRILL

Monday – Friday :
7 a.m. – 10:30 a.m. breakfast
11:30 a.m. – 9:30 p.m. lunch & dinner
Saturday & Sunday :
8 a.m. – 9 p.m. coffee
9 a.m. – 2 p.m. brunch
3 p.m. – 9 p.m. dinner

MEMBERS' LOUNGE

Monday – Friday : 7 a.m. – 11 p.m.
Saturday & Sunday : 8 a.m. – 9 p.m.

CUVÉE & 1892
Temporarily closed

LIONS PUB

Monday – Saturday : 11 a.m. – 10 p.m.
Kitchen : closes at 9 p.m.
Sunday : closed

EMPLOYEES OF THE QUARTER

We are excited to recognize two outstanding team members for Q1 and Q2 - congratulations Martyn and Cameron!

Martyn Lee has been a very strong support for the Lions Pub, always willing to lend a helping hand. He is hard-working and always makes an effort to engage with members, customers, and staff.

Cameron Park runs the staff meal program with enthusiasm and professionalism. She is attentive to everyone's needs, and goes the extra mile to make the experience special, like providing a garnish for each dish. Even behind her mask, Cameron is smiling as she looks after us each day.



TCC WINS CSCM CLUB OF THE YEAR AWARD!

We are thrilled to be named the Canadian Society of Club Manager's Club of the Year! This distinction reflects not only our 127 years of history, but also the efforts and energy of TCC members, guests and staff in recent years. The community that we have created together is remarkable, and we hope you will join us in relishing this moment of pride.

FITNESS CENTRE CANCELLATION POLICY

As a courtesy to other members, if you are unable to make your booking, please remember to cancel.

REGAL GROOMING LOUNGE

Our neighbours, Regal Grooming Lounge (Hornby & Hastings), will continue to offer TCC members 20% off their wide range of services. They will also waive the \$50 activation fee to their membership program for interested members (three tiers available - inquire at Regal for more information). Please have your valid TCC member card handy.



RESERVATIONS REQUIRED!

To ensure that physical distancing is possible, reservations are currently required to access any and all parts of the Club. To dine in the Grill, consider making your reservation online on OpenTable; to use the Members' Lounge or expanded seating in the Terrace Ballroom, simply contact Member Services ahead of your visit.

*For specific information regarding Fitness Centre bookings, please refer to page 7.

NEW MEMBERS

Welcome to our new members!

Deborah Chmelauskas	Robert Scott
Maggie Hu	Todd Snihur
Stephen Hui	Katie Telford
Jubin Jalili	Lucien Telford
Warren Lee	Axel Schuster
Heather Leitch	Vahid Shababi
Farhad Mehrabi	
Letty Murray Tyson	



PRESIDENT'S LETTER

DEAR FELLOW MEMBERS,

This is a friendly reminder that you belong to the best Club in the country! All boasting aside, it was a tremendous honour receiving Club of the Year distinction by the Canadian Society of Club Managers last week. We can take pride in the efforts made by membership, guests, and staff over the years; you've helped create the Terminal City Club we know today. This award is not without hard work and dedication to the community you've created.

I hope everyone got a chance to experience the flavours and tastes of our beautiful province for BC Day. Our chefs did a fantastic job preparing a locally sourced meal from local farmers and food producers. It's hard to complain when our 100-mile diet can give us access to so much incredible food and drink.

I'm fairly confident that patio season is finally upon us, which is good news, as we've extended our live music series with performances every Thursday and Friday night in August on the Grill patio

(fingers crossed). So make a reservation, and catch our our talented local performers Dave Martone, Melanie Dekker, Adam Thomas, among others.

For all you squash players out there, we are now allowing pods of five players to square off against each other in our courts. I guess it's time to see if all that practice is paying off. Contact the Fitness Centre for more details. All other reservations in the Fitness Centre remain mandatory with hour long and hour-and-a-half long sessions available, with a limit of three bookings at a time.

If you haven't had the chance to join us back at the Club in the past few months, our \$35 food credit is still valid, as is our 25 hours of free complimentary parking between the hours of 9 a.m. to 4 p.m. Monday to Friday, just fob in and out for the month of August.

Be sure to check out our Events Calendar for more details on virtual events. With our staples Wine:30, TCC Salon, continuing throughout the month, be sure to book online at tcclub.com if anything strikes your fancy.

Are you interested in joining our Board of Directors? The Nomination Committee will be convening this fall to review candidates in time for the AGM in December. If you are interested in joining the TCC board, please email gm@tcclub.com before September 30, 2020 to express your interest.

As we settle into the dog days of summer let's continue to stay safe, recognize the work our staff has put in to maintain our high levels of cleanliness and upkeep, and of course, respect physical distancing. Bye for now, don't hesitate to say hi if you see me on the patio.

Respectfully,

Joe Corea
Terminal City Club President



CSCM
The Canadian Society
of Club Managers

Club of the Year 2020

AUGUST EVENTS

02 BC DAY DINNER: EAT LOCAL
Sunday August 2
5 – 8 p.m. - *in The Grill*
Reservations strongly encouraged
Celebrate BC Day at the Club! Your Culinary team has prepared an extraordinary fresh sheet featuring the very best local and seasonal BC fare available from our farmers and providers. Enhance your experience by pairing your meal with the featured BC wines by the glass or bottle. With live music on the patio, it's the perfect summer night.

**12 SPIRITS SERIES PART I:
ALL ABOUT GIN**
Wednesday, August 12
5:30 – 6:30 p.m. - *Live on Zoom*
Perhaps the greatest of all summer spirits, gin can be as varied and complex as wine or whisky. We will cover the essentials of distillation before looking at all the gin styles like London Dry, Plymouth and Old Tom, as well as the world of botanicals that make gin so incredibly diverse and exciting. DJ will profile her favourite gins and gin-based cocktails, as well as the best local gins (and tonic water too).

18 TCC BUILDING VANCOUVER
Tuesday, August 18
6 – 8 p.m. - *in 1892*
Complimentary event with purchase of dinner
This is a **members-only** discussion and physically distanced networking event hosted by TCC members the Donellan brothers for those in the real estate industry and related fields. Hear from experts and chat with developers, owners and investors of office, residential, industrial, retail, and mixed-use properties.

TO REGISTER FOR AN EVENT:

Contact Member Services at
604 681 4121 (call),
604 200 2279 (text),
concierge@tclub.com, or book online at tclub.com.

19 CELLAR SMARTS
Wednesday, August 19
5:30 – 6:30 p.m. - *Live on Zoom*
Why do we age wine? Which wines actually get better with age? Join DJ for a cellar clinic as we investigate what happens to wine as it matures and when to open your cellared wines. DJ will share a list of surprisingly affordable wines that are secret great agers and a few useful cellar hacks. Red, white and sparkling wines can all deliver the rewards of patience.

**26 WINE SCORES – THE GOOD, THE
BAD, AND THE UGLY**
Wednesday, August 26
5:30 – 6:30 p.m. - *Live on Zoom*
We have all bought wines by the numbers. But what do scores actually mean? If Critic X scores 93 and Critic Y scores the same wine 97, who's right? DJ is a seasoned judge and wine critic and will decode the confusing world of wine scores. Who are the best critics? Why does the 100-point scale just use 86-100? What about stars and the 20-point system? Special bonus: YOU be the Judge! DJ will choose a wine from the Club list that you can taste along with her and try your hand at scoring. Want an insider's list of affordable wines with high scores? Tune in!

WSET CLASSES

Thirsting for more wine knowledge? The London-based Wine and Spirit Education Trust (WSET) is the most respected wine education body in the world. Our intention is to host these WSET classes at the Club, but in the event that new COVID-19 constraints makes this impossible, we will move to online instruction. The cost will be confirmed shortly, but please contact Member Services to register.

Level 1 WSET Certificate in Wine
Sunday, September 13 & 20
12:30 – 5 p.m. September 13 and 20

Level 2 WSET Certificate in Wine
Sundays, September 27 – November 1 (five sessions)
12:30 – 5 p.m.

Level 2 examines how environmental factors, grape-growing, winemaking, and maturation options influence the style and quality of wines made from eight principal grape varieties and 22 regional wines, as well as the world of sparkling and fortified wines.

drink features

MARGARITA MONDAY

Choose between classic lime and seasonal fruity favourites.

TAKE FLIGHT TUESDAY

Take Flight Tuesday. One is not enough. Try three. Choice of wine, spirits or beer.

ROSÉ WEDNESDAY

Rosé all day. It's never been better.

ORGANIC & BIODYNAMIC THURSDAY

Wines that are farmed chemical-free are better for us, healthier for the planet and supremely expressive.

BARTENDERS' CHOICE FRIDAY

Try a new cocktail creation from one of our many talented bartenders.

SATURDAY AND SUNDAY

Toast the weekend with our feature brunch cocktail menu.



Looking for space to work?

We have plenty. Focus on a project in the Members' Lounge (complimentary drip coffee is served until 10 a.m.!) or tuck yourself away on a quiet corner of our Grill patio and let inspiration flow. Our Terrace Ballroom provides additional, well-spaced seating and ample natural light. Stretch your legs - we have room.



TCC MEAL KITS

TCC'S MEAL KITS ARE DESIGNED FOR THE HOME COOK IN MIND.

We have done all the prep for you, but you can take credit as the chef! Each kit comes with detailed instructions on how to execute your meal, as well as a full ingredient & allergen list. ***No modifications or substitutions.**

Visit takemehomeandmakemehot.com to order from the selections available, including BBQ, prime rib, tacos, pizza, burgers, and vegan meal kits. Kids will love the cupcake and sugar cookie decorating kits.

A limited number of Meal Kits are available each week. **Orders received before 2 p.m. on Wednesdays will be fulfilled for pick-up on Friday, Saturday, or Sunday, 11 a.m. to 4 p.m.** Orders placed after 2 p.m. on Wednesdays are possible, but will depend on supply.



LIVE MUSIC

Thursdays and Fridays, 6 – 9 p.m.

Join us on the Grill patio (weather dependent) to hear some of your favourite local talent. Make your dinner reservation on the patio early!

 <p>AUG 06 Antonio Larosa Pop, Blues</p>	 <p>AUG 07 Rob Eller Westcoast Acoustic, Popular favourites with looping</p>	 <p>AUG 13 Dave Martone Latin instrumental</p>	 <p>AUG 14 Vicky Sjohall Pop, Folk</p>
 <p>AUG 20 Adam Thomas Pop, Soul, R&B</p>	 <p>AUG 21 Cassandra Bangel Popular favourites with looping</p>	 <p>AUG 27 Melanie Dekker Popular favourites, Rock, Folk</p>	 <p>AUG 28 Neal Ryan Pop, Folk</p>

THE GRILL

Weekend Brunch

Saturdays & Sundays

9 a.m. – 2 p.m.

Join us for our exceedingly popular à la carte brunch including Dungeness crab Benedict, steak and eggs, sweet selections, fresh salads, and a suite of popular items to satisfy the heartiest of appetites.

Prime Rib Dinner

Sundays

5 – 9 p.m.

Our Prime Rib family dinner night is a long-standing favourite. Enjoy slow roasted prime rib au jus, seasonal vegetables, creamy whipped potato, and Yorkshire pudding. (Kids' Prime Rib Dinner also available.)

Make your reservation online via [OpenTable](#), or contact Member Services.



Weekday Breakfast Al Fresco

Make the most of the summer and enjoy your breakfast al fresco! Our peaceful Grill patio is open and inviting. Reservations are recommended to guarantee a table.

FITNESS CENTRE

NOW OPEN!

Retreat to the Fitness Centre Patio for drinks and light bites and make the most of these glorious summer nights. Reservations are required – please contact Member Services.

LIONS PUB

Take advantage of Late Night Happy Hour (8 – 10 p.m.) at the Pub, featuring \$5.50 pints and house wine, plus a specially priced Appy menu.

Don't forget to check out the weekly Feature Sheet, showcasing wonderfully creative and seasonally-inspired dishes designed by our talented Culinary team. Enjoy it all on our Sidewalk Patio!

Please note our new hours: Monday to Saturday, 11 a.m. – 10 p.m.





THE FITNESS CENTRE IS CLOSED ON MONDAY, AUGUST 3 FOR BC DAY

FITNESS

ZOOM CLASSES

F.I.T. WITH RACHEL

Mondays, 12 noon – 1 p.m.

This functional circuit training class is a high intensity, high impact workout that utilizes your own body weight to increase muscular strength, improve cardiovascular endurance, and burn calories.

POWER FLOW YOGA WITH RACHEL

Tuesdays, 7 – 8 a.m.

Power flow is a vigorous, dynamic, and athletic approach to yoga focusing on correct posture, alignment, muscle tone, strength, flexibility, regulation of breath, and a peaceful mind.

F.I.T. WITH LEILA

Wednesdays, 12 noon – 1 p.m.

See Monday's class description.

SCULPT & STRETCH WITH LEILA

Thursdays, 12 noon - 1 p.m.

This low intensity class utilizes non-impact body weight movements. The controlled exercises focus on posture, alignment, flexibility, and mobility. This class is perfect if you're nursing an injury, tight from your sport, or just sore from being active.

DYNAMIC CORE CONDITIONING WITH LEILA

Fridays, 12 noon – 1 p.m.

A strong core is necessary for good posture, low back health, and injury prevention. The first half of this all-levels class will focus on full-body cardio sculpting moves followed by a variety of exercises that will focus on improving core strength and stability.

POLICIES

COVID-19 SPECIAL RESTRICTIONS

At this time, a **reservation is required** to use the Fitness Centre (gym, pool, squash). Please contact Member Services to make your bookings.

Members may book up to three times slots a week; time slots are one-hour during peak hours and 90-minutes during off-peak hours.

AS A COURTESY TO OTHER MEMBERS, IF YOU ARE UNABLE TO MAKE YOUR BOOKING, PLEASE REMEMBER TO CANCEL.

The guest policy has also been amended temporarily; members may only bring their spouse and children under 19 (i.e. same household) to use the Fitness Centre with them.

SWIM

SWIM LESSONS

Private swim lessons with John Ryan are a structured but fun program that anyone can benefit from. Improve your technique, try new strokes, increase stamina, or just gain confidence being in the water. Inquire at the Fitness Centre front desk.



TRAINING

PERSONAL TRAINING WITH MILFIT

MilFit personal training is a private one-on-one session designed to focus attention entirely on your needs to make sure you reach your health and fitness goals safely and effectively. Whether you are new to fitness or an athlete, our team of professional and experienced Certified Personal Trainers will customize on-going personalized exercise programs that will be specific towards achieving your best possible health, fitness and wellbeing.

Contact Milwina Guzman for more information at milwina@milfit.com.

SQUASH

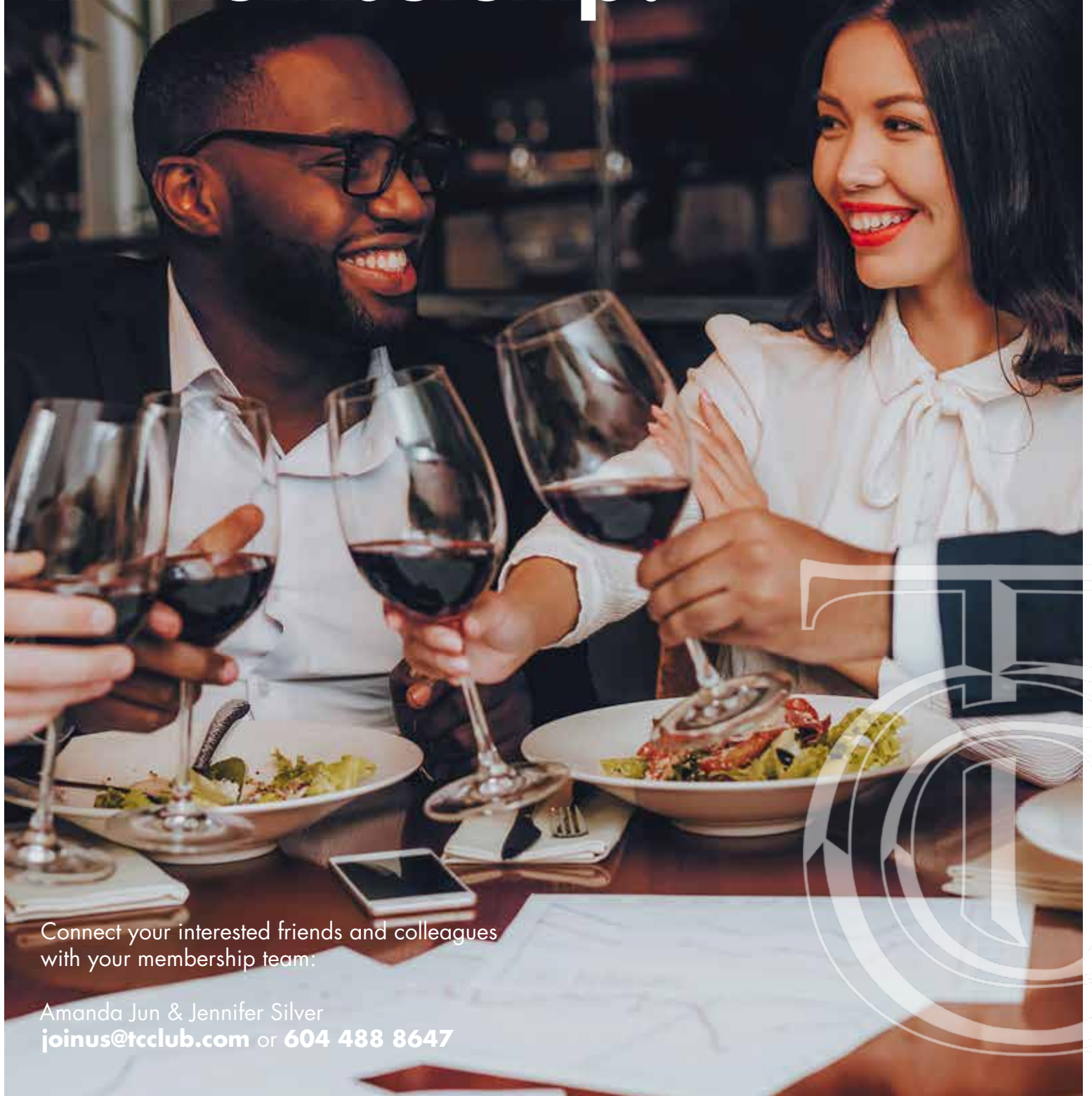
SQUASH IS BACK!

Pods of five players may play squash games or practice together. Contact the Fitness Centre for more details.

PRIVATE OR PARTNER SQUASH LESSONS

Take your game to the next level! Try a dynamic and fun private or partner lesson with squash professional Barry Gifford on Wednesdays, Thursdays, or Saturdays (other days upon request). Barry is a seasoned NCCP Level 3 certified professional with more than 30 years of coaching experience. He has coached adults and children of all levels.

Do you know anyone interested in membership?



Connect your interested friends and colleagues
with your membership team:

Amanda Jun & Jennifer Silver
joinus@tcclub.com or 604 488 8647