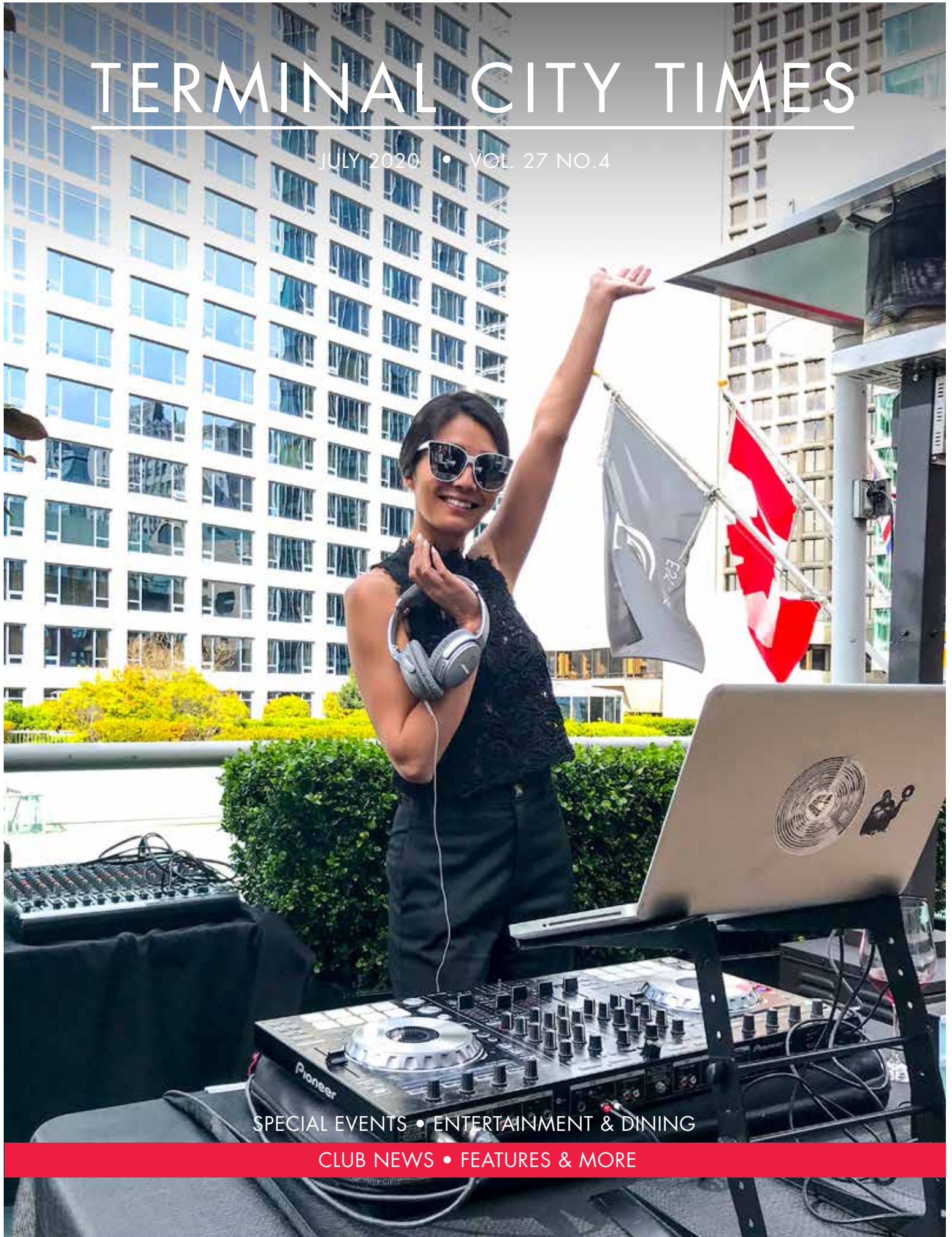


TERMINAL CITY TIMES

JULY 2020 • VOL. 27 NO.4



SPECIAL EVENTS • ENTERTAINMENT & DINING
CLUB NEWS • FEATURES & MORE



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CANADA

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 Terminal City Club

CONTACT US

Billing : 604 488 8607
Catering : 604 488 8640
Weddings : 604 488 8605
Lions Pub : 604 488 8602
Fitness Centre : 604 488 8622
Member Services : 604 681 4121
Membership Sales : 604 488 8647

CLUB HOURS

MEMBER SERVICES (FRONT DESK)

Monday – Friday : 5 a.m. – 11 p.m.
Saturday & Sunday : 7 a.m. – 8 p.m.

FITNESS CENTRE

Monday – Friday : 5 a.m. – 11 p.m.
Saturday & Sunday : 7 a.m. – 8 p.m.

THE GRILL

Monday – Friday :
7 a.m. – 10:30 a.m. breakfast
11:30 a.m. – 9 p.m. lunch & dinner
Saturday & Sunday :
8 a.m. – 9 p.m. coffee
9 a.m. – 2 p.m. brunch
3 p.m. – 9 p.m. dinner

MEMBERS' LOUNGE

Monday – Friday : 7 a.m. – 11 p.m.
Saturday & Sunday : 8 a.m. – 9 p.m.

CUVÉE & 1892
Temporarily closed

LIONS PUB

Monday – Friday : 11 a.m. – 10 p.m.
Kitchen : closes at 8:30 p.m.
Saturday and Sunday : closed

UPDATE: CELLPHONE USAGE

Chairs and tables are now arranged on the second floor around the main staircase. On a temporary, trial basis, this area will be available to members who need to take a call or participate in a Zoom call/meeting. Headsets are strongly encouraged. (Please note: the cellphone policy - silent use only - continues to apply in all other areas of the Club.) Please ensure ringers and notifications are set on silent.

RESERVATIONS REQUIRED!

To ensure that physical distancing is possible, reservations are currently required to access any and all parts of the Club. To dine in the Grill, consider making your reservation online on OpenTable; to use the Members' Lounge or expanded seating in the Terrace ballroom, simply contact Member Services ahead of your visit.

*For specific information regarding Fitness Centre bookings, please refer to page 7.

LIONS PUB

The English Premier League is back! Catch all the matches in the Pub - we will put the sound on for you!

Our talented Culinary Team will be designing fresh and creative dishes to feature each week!

The Cocktail of the Month is the London Scramble: Hornitos Reposado Tequila, fresh lemon and lime juice, agave syrup and a drizzle of Okanagan Spirits Blackberry Liqueur. The perfect patio cocktail.

With the sun out, our (new) patio has been full!



DRINK FEATURES

MARGARITA MONDAY
choice between classic lime and seasonal fruity favourites.

TRY IT TUESDAY
At cost tastings for your adventurous side. Try a premium spirit on the top shelf for bottom shelf prices.

WELCOME BACK WEDNESDAY
Rosé all day.

THURSDAY
Take Flight Thursday. One is not enough. Try three. Choice of wine, spirits or beer.

BARTENDERS CHOICE FRIDAY
Try a new cocktail creation from one of our many talented bartenders.

SATURDAY AND SUNDAY
feature brunch cocktail menu.

NEW MEMBERS

Welcome to our new members!

Bodan Boggs	Christopher Pereira
Diana Chang	Robert Poystila
Sarah Chapman	Jonathan Ronkai
Quan Cheng	Taylor Ross
Harold Chung	Ashley Saran
Marie Chung Yuen	Payman Torkiyan
Mani Kanasani	Jonathan Wolverton
Natasha Kumari	



NEW WEBSITE!

If you know anyone interested in membership, refer them to our brand new website, **tcclub.com**. If they're ready to take the next step, they can get in touch with our Membership team to get any questions answered, or to book a tour.



PRESIDENT'S LETTER

DEAR FELLOW MEMBERS,

Summer is finally upon us, and it's been great getting back into the swing of things here at the Club, albeit with a much different look and feel than summers past. A special shout out to all the dads who had the chance to be spoiled at our Father's Day Dinner at the Club. It was a wonderful evening with my family and father complete with physical-distant mingling with the other families. And the Polaroid was a beautiful memento of the evening.

We've continued to increase the scope of our facilities since reopening on May 19, with guidance from TCC Board of Directors, and provincial and regional health authorities. Our staff continue to follow protocols to keep members and staff safe. Reservations are mandatory for the Fitness Centre and are strongly recommended for all other areas of the Club at this time, but on-demand workspace or dining requests will be accommodated if possible within distancing and capacity parameters. Both members and their guests will be required to sign in and confirm they are healthy. We are doing this at the request of the Provincial Health Officer for contact tracing purposes.

The Lions Pub has been open since May 26, at a limited capacity and reduced

hours on weekdays. And if you haven't had the pleasure of enjoying a pint or a meal on our curbside patio on Cordova Street, we strongly recommend taking advantage of it while the sun is shining.

Our Meal Kits have been a huge success since launching the program; I encourage you to check it out. Also, don't forget to pair your meal with a bottle of wine (or two).

Music is back in the air as of July 2, with our very own Alannah Lori, continuing with weekly performances on Thursday evenings throughout July, ideally on the patio. TCC's resident oenophile DJ Kearney will continue to host weekly Wine:30 events online in addition to two sessions at the Club - July 8 and 22 - for those wine aficionados looking to improve their knowledge.

We're excited to reopen our Business Centre in July. Computer workstations can still be reserved through Member Services and will be sanitized between users.

The following offerings for our membership still remain in place:

- A bonus 25 hours of free parking for the month of July, (with complimentary parking from 4 p.m.

to 9 p.m. weekdays and weekends remaining in place). The credit applies to hours Monday to Friday, 9 a.m. to 4 p.m., and is automatic. Simply fob in and out.

- Any members who have not used their welcome back \$35 food credit from our closure, we encourage you to do so at your convenience in the coming weeks. I know the staff is looking forward to seeing you.
- Enhanced cleaning protocols with hands sanitizer and masks are readily available throughout the Club, and are encouraged to help flatten the curve.

As we welcome you back to the Club, we can assure you that the health and safety of membership, staff, and guests remain the highest priority.

I hope everyone has a safe Canada Day, don't forget to wear your red and whites on July 1! I look forward to seeing familiar faces throughout the summer months. Stay safe!

Respectfully,

Joe Corea
Terminal City Club President

JULY EVENTS

TO REGISTER FOR AN EVENT:

Contact Member Services at
604 681 4121 (call),
604 200 2279 (text),
conciierge@tclub.com,
or book online at tclub.com.

07 ASK ME ANYTHING: HOW TO REINVENT YOURSELF

Tuesday, July 7

4 – 5 p.m. - *live on Zoom*

Dick Vollett joined St. Paul's Foundation in 2012 as President & CEO, bringing more than 20 years of diverse professional experience. He has been the President & CEO of StreettoHome, VP of Operations at London Drugs, and VP of Mountain Operations for VANOC. Dick will share insights about his unique career path.

INSPIRING WINE PEOPLE & PLACES: MICHELLE BOUFFARD

Tuesday, July 7

5:30 – 6:30 p.m. - *live on Zoom*

Michelle Bouffard is one of the foremost experts on the topic of wine and climate change. She will tell us the stark facts about climate change through the lens of wine, how wine regions are responding, and what the future looks like.

TCC SALON: REDEFINING JOURNALISM IN CANADA

Tuesday, July 7

6 – 9 p.m. - *1892*

Complimentary event with the purchase of dinner
Newsrooms across the continent are in a state of upheaval as publications deal with the role journalism plays in systemic racism, colonialism, and state-sanctioned violence. UBC journalism professors Mary Lynn Young and Candis Callison will discuss what this moment of reckoning means.

08 MINI WINE MASTER CLASS

Wednesday, July 8

5 – 6 p.m. - *Metropolitan Ballroom*

\$25 plus tax & service charge

This new series is hosted by DJ and her favourite wine importers. Taste four wines paired with cheese & charcuterie in a seated master class format, sipping and learning in a fun informal way. This inaugural session will feature two whites and two reds from New Zealand, Austria, Chile, and the Okanagan Valley presented by Lesley Brown of HQ Wine + Spirits.

14 INSPIRING WINE PEOPLE & PLACES: LARRY STONE

Tuesday, July 14

5:30 – 6:30 p.m. - *live from the Willamette Valley, Oregon, on Zoom*

This remarkable world famous sommelier and wine savant actually started smelling wine at the age of seven. Learn a few tips on how to taste like a Master Sommelier; Larry will also walk us through the Lingua Franca Bunker Hill Chardonnay, and The Plow Pinot Noir, so order your bottles ahead of time if you'd like to sip along!

15 WINE:30 - RED HOT AND SPANISH

Wednesday, July 15

5:30 – 6:30 p.m. - *live on Zoom*

Spain makes some of the world's most exciting and well-priced wines. From historic Rioja barrel-mellowed reds to racy Galician whites, elegant Cava, old vine Monastrell, and tangy Sherry, Spain makes a wine for every occasion, meal, and budget. Join DJ for a whip around the country that has given us the chorizo, Flamenco, and Rafael Nadal.

17 TCC LUNCH EXCHANGE: CANADIAN & AMERICAN CHRISTIANITY

Friday, July 17

12 – 1:30 p.m. - *TCC Boardroom + live on Zoom*

This edition of the Lunch Exchange concludes the series exploring major religions of the world. Learn the different nuances between Canadian and American Christianity.

21 ASK ME ANYTHING: WHAT'S WORKING AND WHAT'S NOT WORKING IN BUSINESS RIGHT NOW

Tuesday, July 21

3 – 4 p.m. - *live on Zoom*

Neil Belenkie is a serial entrepreneur, business consultant (Sploda.com, The \$2,000 Coffee), and the current Mayor of Belcarra. He is a Director on the Board of Metro Vancouver and is on the Mayor's Council for TransLink; Neil also sits on a number of Metro Vancouver Committees.

22 MINI WINE MASTER CLASS

Tuesday, July 22

5 – 6 p.m. - Metropolitan Ballroom

\$25 plus tax & service charge

Stay tuned for more details!

23 INSPIRING WINE PEOPLE & PLACES: TERRY DAVID MULLIGAN

Thursday, July 23

5:30 – 6:30 p.m. - live from Nanoose Bay, on Zoom

After a storied career in radio, then pioneering the musical jump to TV as a *MuchMusic* VJ, Terry David Mulligan sharpened his acting chops (*The X-Files*, *Fantastic Four*). He then met fellow Canadian heartthrob Jason Priestley, and together they launched *Hollywood & Vines TV*, now viewed in 180 countries. TDM will chat about how he found his way to the wine world, his favourite local producers, and maybe a little Hollywood gossip!

TCC SALON: GOBEKLI TEPE: THE WORLD'S FIRST TEMPLE

Thursday, July 23

6 – 9 p.m. - 1892

Complimentary event with the purchase of dinner

Predating Stonehenge by 6,000 years, Turkey's stunning Gobekli Tepe – massive carved stones about 11,000 years old, and crafted by prehistoric people who had not yet developed metal tools or even pottery – upends the conventional view of the rise of civilization since its discovery in the 1990s. Guler and Miklos are a one-of-a-kind tour guide couple eager to talk about the magical culture, landscape, and cuisine of ancient Turkey.

28 TCC DISCUSSION GROUP

Tuesday, July 28

7:15 p.m.

Join the TCC Discussion Group – for members, run by members – for an evening of dialogue and camaraderie.

29 WINE:30 – NEW WORLD WONDERS

Wednesday, July 29

5:30 – 6:30 p.m. - live on Zoom

The main difference between Old and New World wines is history and climate; generally warmer and dryer, New World wines tend to be bold and fruit-forward, touching all the brain's pleasure points. In Part 1, we will look at the best varieties and insider trending regions of Australia and New Zealand.

29 TCC BUILDING VANCOUVER

Wednesday, July 29

6 – 8 p.m. - 1892

Space is limited - RSVP required

Complimentary event with the purchase of dinner

This members-only discussion and physically distanced networking dinner is hosted by TCC members the Donnellan brothers Shaun and William. Hear from Canada's leading real estate experts and connect with other members in commercial and residential real estate, developers, owners, and investors of office, residential, industrial, retail, and mixed-use properties.

30 INSPIRING WINE PEOPLE & PLACES: DR. JAMIE GOODE

Tuesday July, 30

5:30 – 6:30 p.m. - live from the UK on Zoom

Jamie Goode has a PhD in plant science and has written some of the most enlightening books about wine science that non-scientists could hope for. Jamie is hilarious, irreverent, and because he is a widely respected authority, everyone listens to him. DJ has judged wine competitions with Jamie for years and believes that his thought-provoking musings on wine are just what the industry needs.

LIVE MUSIC!

Thursdays, 6 – 9 p.m.

Join us on the Grill patio (weather dependent) to hear some of your favourite local talent. Make your dinner reservation on the patio early!

July 2: Alannah Lori & Tilden Webb

July 9: Neal Ryan

July 16: Dave Martone

July 23: David Capper

July 30: Adam Thomas

AUG 02 BC DAY DINNER: EAT LOCAL

Sunday, August 2

5 – 8 p.m. - The Grill

Reservations required

Celebrate BC Day at the Club! Your Culinary team has prepared an extraordinary fresh sheet featuring the very best local and seasonal BC fare available from our farmers and providers. Enhance your experience by pairing your meal with the featured BC wines by the glass or bottle. With live music on the patio, it's the perfect summer night.



NEW

TCC Meal Kits

TCC'S MEAL KITS ARE DESIGNED FOR THE HOME COOK IN MIND.

We have done all the prep for you, but you're the chef! Each kit comes with detailed instructions on how to execute your meal, as well as a full ingredient & allergen list.

***No modifications or substitutions.**

Visit takemehomeandmakemehot.com to order from the selections available, including BBQ, prime rib, tacos, pizza, and vegan meal kits. Kids will love the cupcake and sugar cookie decorating kits!

A limited number of Meal Kits are available each week. Orders received before 2 p.m. on Wednesdays will be fulfilled for pick-up on Friday, Saturday, or Sunday, 11 a.m. to 4 p.m. Orders placed after 2 p.m. on Wednesdays are possible, but will depend on supply.

HOST YOUR SUMMER BIRTHDAY, ANNIVERSARY, OR WEDDING PARTY SAFELY AT TCC!

- Ample patio space!
- Creative “physical distancing” floor plans for 2 to 50 guests, tailored to fit your event
- New summer 2020 menu with plated and buffet options designed with your safety in mind
- Rigorous cleaning protocols and sanitization procedures to ensure a safe environment for your loved ones
- A/V equipment available to support Zoom calls to include out-of-town guests
- Flexible minimum food spends to waive room rentals for members

The best part? Leave the clean-up to us.

Let us take care of you. Contact catering@tcclub.com or weddings@tcclub.com to chat about your next event!





For more information on any of our fitness programs, contact shsia@tcclub.com or 604 488 8622.

FITNESS

ZOOM CLASSES

F.I.T. WITH RACHEL

Mondays, 12 noon – 1 p.m.

This functional circuit training class is a high intensity, high impact workout that utilizes your own body weight to increase muscular strength, improve cardiovascular endurance, and burn calories. Get ready to sweat and have fun!

POWER FLOW YOGA WITH RACHEL

Tuesdays, 7 – 8 a.m.

Power flow is a vigorous, dynamic, and athletic approach to yoga focusing on correct posture, alignment, muscle tone, strength, flexibility, regulation of breath, and a peaceful mind. Feel more mindful, connected, inspired, and happy after this workout.

F.I.T. WITH LEILA

Wednesdays, 12 noon – 1 p.m.

Enjoy this 60-minute high energy full-body intensity training (F.I.T.) class in the comfort of your own home. This functional circuit training class utilizes your own body weight to increase muscular strength, improve cardiovascular endurance and burn calories. This F.I.T. class is guaranteed to get you sweating and having a great time!

SCULPT & STRETCH WITH LEILA

Thursdays, 5 – 6 p.m.

This low intensity class utilizes non-impact body weight movements. The controlled exercises are designed to lengthen and strengthen your body by focusing on posture, alignment, flexibility, and mobility. This class is perfect if you're nursing an injury, tight from your sport, or just sore from being active.

DYNAMIC CORE CONDITIONING WITH LEILA

Fridays, 12 noon – 1 p.m.

A strong core is necessary for good posture, low back health, and injury prevention. The first half of this all-levels class will focus on full-body cardio sculpting moves followed by a variety of exercises that will focus on improving core strength and stability. Stand straighter, walk taller, and move better after this class!

POLICIES

COVID-19 SPECIAL RESTRICTIONS

At this time, a reservation is required to use the Fitness Centre (gym, pool, squash). Please contact Member Services to make your bookings.

Members may book up to three times slots a week; time slots are one-hour during peak hours and 90-minutes during off-peak hours.

The guest policy has also been amended temporarily; members may bring their spouse and children only (i.e. same household) to use the Fitness Centre with them.

SQUASH

PRIVATE OR PARTNER SQUASH LESSONS

Take your game to the next level! Try a dynamic and fun private or partner lesson with squash professional Barry Gifford on Wednesdays, Thursdays, or Saturdays (other days upon request). Barry is a seasoned NCCP Level 3 certified professional with more than 30 years of coaching experience. He has coached adults and children of all levels.

RACQUET STRINGING AVAILABLE

Have you had a racquet restring in the past year? If not, your game may be affected. Strings tend to lose tension over six to eight months; with a new restring, your shots will have more control and spring in them. See the Fitness Centre front desk for details.

SWIM

SWIM LESSONS

Private swim lessons with John Ryan are a structured but fun program that anyone can benefit from. Improve your technique, try new strokes, increase stamina, or just gain confidence being in the water. Inquire at the Fitness Centre front desk.

TRAINING

PERSONAL TRAINING WITH MILFIT

MilFit personal training is a private one-on-one session designed to focus attention entirely on your needs to make sure you reach your health and fitness goals safely and effectively. Whether you are new to fitness or an athlete, our team of professional and experienced Certified Personal Trainers will customize on-going personalized exercise programs that will be specific towards achieving your best possible health, fitness and wellbeing.

Do you know anyone interested in membership?

Connect your interested friends and colleagues
with your membership team:

Amanda Jun & Jennifer Silver
joinus@tclub.com or **604 488 8647**

